

WELCOME to our MEMBER'S DIRECTORY Guide

There are various elements to the Member's Directory, once you are logged in to our ISPRM.org website.

Let's get started!

Your Profile:

From RESERVED AREA > Member's Directory choose "Profile". It will direct you to your public profile; click "Edit" to add or change your details that are displayed, such as: profile name, professional info., your social media accounts and add a "signature" whenever you post a reply on a forum! You can add/change your profile picture and cover at any time.

Editing 'Professional Details'

General Details Professional Details Social Media Details

PRM Field(s) of interest

Rehabilitation general
Musculoskeletal rehabilitation
Neurological rehabilitation
Cardiorespiratory rehab

Let other ISPRM members know about your PRM field(s) of interest and select more than one option, hold SHIFT and click)

[Clear](#)

This field can be seen by: Everyone [Change](#)

Professional Status

Select all that apply to you

I am a Physician

I am a Researcher

I am a PRM trainee

I am a Medical Student

I am a Professor

This field can be seen by: Everyone [Change](#)

The screenshot shows the ISPRM Office website. At the top, there is a navigation bar with links: HOME, LEARN, READ, JOIN, COLLABORATE, OUR NETWORKS, DONATE/SUPPORT, and RESERVED AREA. The RESERVED AREA dropdown menu is open, showing options: Member's Directory, Membership Profile, Activity, Forums, Friends, Groups, Messages, Notifications, Profile (highlighted with a yellow circle), Settings, and Log Out. Below the navigation bar, there is a large banner for 'Central Office' with the ISPRM logo. Underneath the banner, there is a social media-style post for '@isprmoffice' with an 'Edit Settings' button and a timestamp of '11 minutes ago'. At the bottom of the page, there is a table with profile options and their counts:

Activity	Profile	Notifications
Messages	Friends	Groups
Forums	Settings	

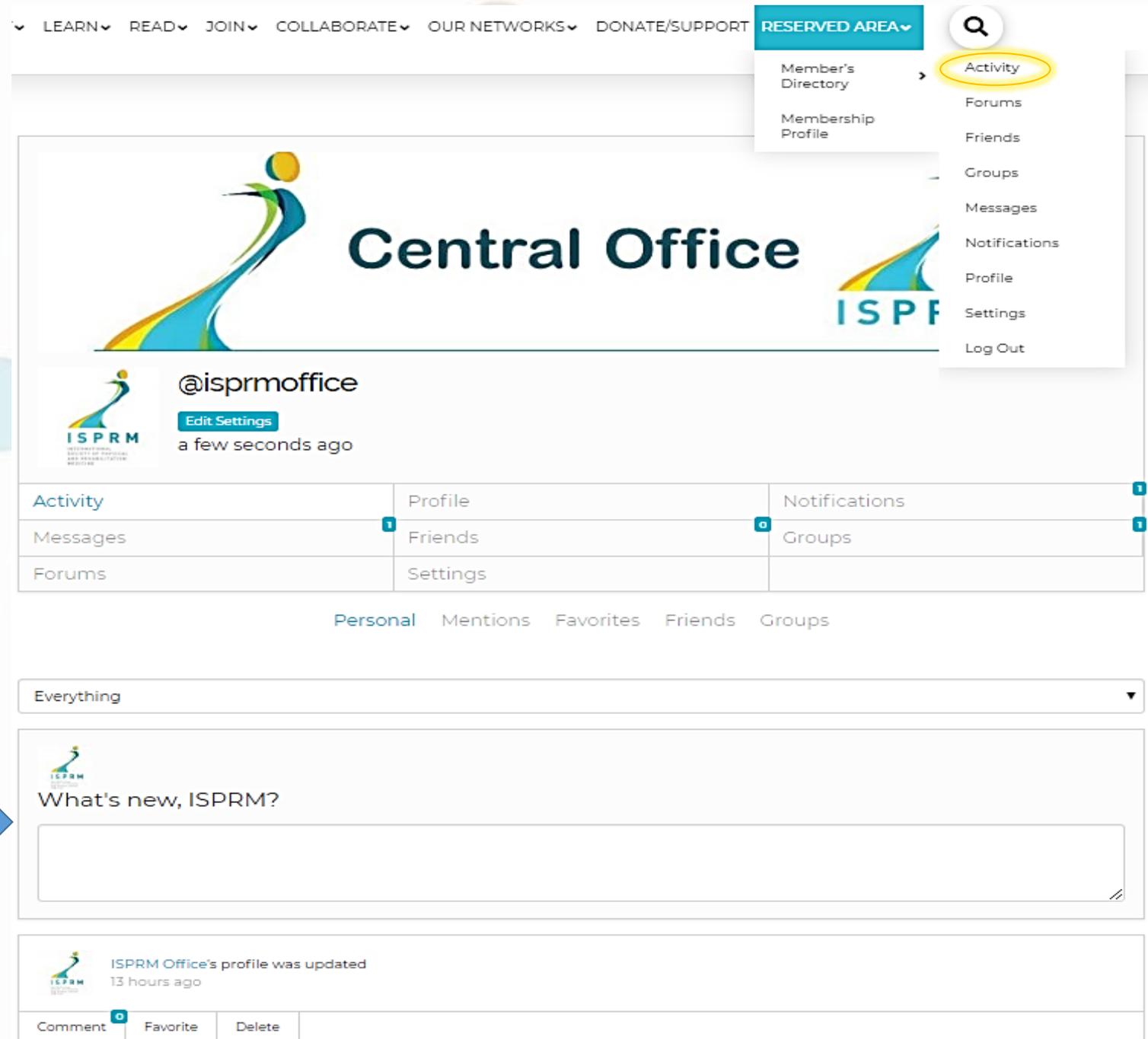
At the bottom of the page, there are links: View, Edit, Change Profile Photo, and Change Cover Image.

Tracking your activity:

From RESERVED AREA > Member's Directory choose "Activity".

It will direct you to a page with the latest changes and actions you've taken. You can choose to delete them, favorite or even comment on a mentioned post!

Write here your current "status", like a research you're involved with or an opportunity you're looking for!



The screenshot shows the ISPRM Central Office profile page. At the top, there is a navigation bar with links: LEARN, READ, JOIN, COLLABORATE, OUR NETWORKS, and DONATE/SUPPORT. A 'RESERVED AREA' dropdown menu is open, showing options: Member's Directory, Activity (highlighted with a yellow circle), Forums, Friends, Groups, Messages, Notifications, Profile, Settings, and Log Out. Below the navigation bar is the profile header for '@isprmoffice', featuring the ISPRM logo and a bio. A grid of navigation tabs is visible: Activity, Profile, Notifications, Messages, Friends, Groups, and Forums, Settings. Below the tabs, there is a filter dropdown set to 'Everything'. The main content area shows a post titled 'What's new, ISPRM?' with a text input field. Below the post, there is a notification: 'ISPRM Office's profile was updated 13 hours ago'. At the bottom, there are buttons for 'Comment', 'Favorite', and 'Delete'.

Don't miss a thing:

From RESERVED AREA > Member's Directory choose "Notifications". It will direct you to a page with the latest updates and requests connected to your profile. You can choose to click and take action, delete or read and archive it!

ISPRM Office

MEET ▾ LEARN ▾ READ ▾ JOIN ▾ COLLABORATE ▾ OUR NETWORKS ▾ DONATE/SUPPORT RESERVED AREA ▾

Member's Directory ▾
Membership Profile

Activity
Forums
Friends
Groups
Messages
Notifications
Profile
Settings
Log Out



Central Office

 @isprmoffice
Edit Settings
4 minutes ago

Activity	Profile	Notifications ¹
Messages ¹	Friends ⁰	Groups ¹
Forums	Settings	

Unread Read

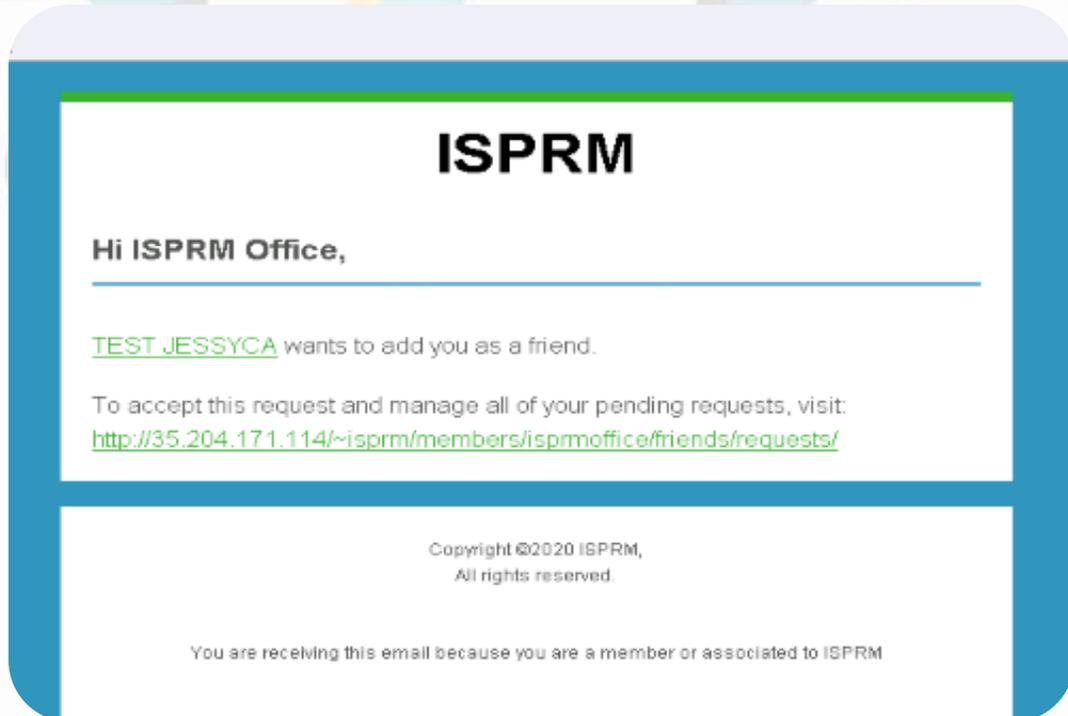
Newest First ▾

Notification	Date Received	Actions
TEST JESSYCA sent you a new private message	1 day, 23 hour...	Read Delete

Receive alerts and updates in your inbox:

Our website will inform you of any activity in a group that you may have subscribed to, a message or a friend request received.

Below is an example of the email sent from our website to your email address. You can manage each type or unsubscribe to these notifications emails at any time. Go to RESERVED AREA > Member's Directory > Settings > Email. In the same menu you can manage your Profile visibility.



The image shows a screenshot of the ISPRM website user interface. At the top, there is a navigation menu with options: LEARN, READ, JOIN, COLLABORATE, OUR NETWORKS, and DONATE/SUPPORT. A "RESERVED AREA" dropdown menu is open, showing options: Activity, Forums, Friends, Groups, Messages, Notifications, Profile, Settings, and Log Out. The main header features the ISPRM logo and the text "Central Office". Below the header, there is a user profile for "@isprmoffice" with an "Edit Settings" button and the text "a few seconds ago". A grid of navigation links is displayed, including Activity, Profile, Notifications, Messages, Friends, Groups, Forums, and Settings. The "Email" link is highlighted with a yellow circle. Below the navigation grid, there are three tabs: "Email", "Profile Visibility", and "Export Data". The "Email" tab is active, showing a table of notification settings.

	Yes	No
Activity		
A member mentions you in an update using "@isprmoffice"	<input type="radio"/>	<input type="radio"/>
A member replies to an update or comment you've posted	<input type="radio"/>	<input type="radio"/>
Messages		
A member sends you a new message	<input type="radio"/>	<input type="radio"/>
Friends		
A member sends you a friendship request	<input type="radio"/>	<input type="radio"/>

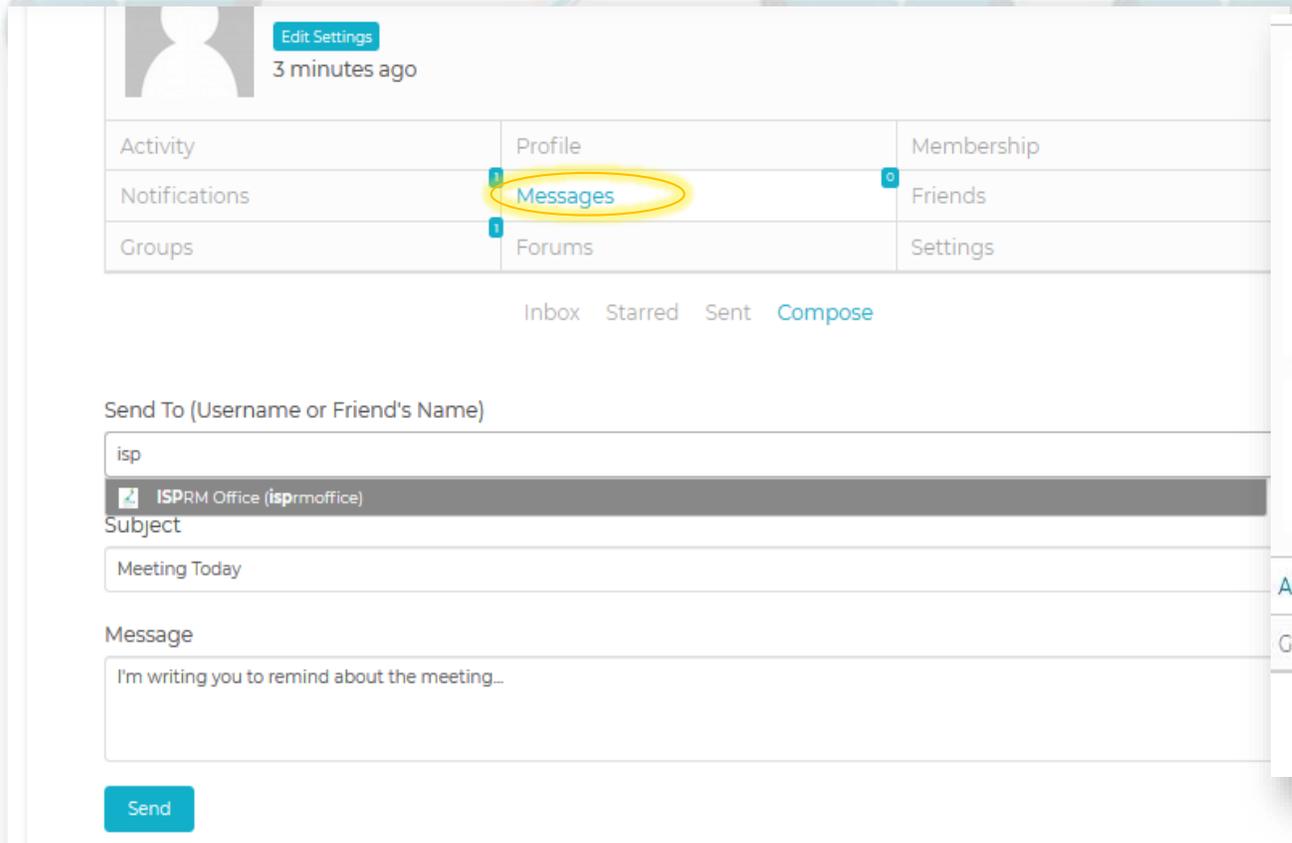
Send and receive messages:

You can message with other ISPRM members that may find under “OUR NETWORKS” > Search Members.

A message can be public or private.

If you send it from your profile menu the message will always be private; start typing the name of the person and it will show up (friends only). You can tag one or more recipients to receive the same message.

Another way of sending messages is by going directly to the other member’s profile. A public message would be posted on their profile activity.



The screenshot shows a user profile menu with a grid of options. The 'Messages' option is highlighted with a yellow circle. Below the grid are navigation links for 'Inbox', 'Starred', 'Sent', and 'Compose'. The 'Send To' field contains 'isp', and the search results show 'ISPRM Office (@isprmoffice)' selected. The subject is 'Meeting Today' and the message body starts with 'I'm writing you to remind about the meeting...'. A 'Send' button is at the bottom left.

Activity	Profile	Membership
Notifications	Messages	Friends
Groups	Forums	Settings

Inbox Starred Sent Compose

Send To (Username or Friend's Name)

isp

ISPRM Office (@isprmoffice)

Subject

Meeting Today

Message

I'm writing you to remind about the meeting...

Send



The screenshot shows the profile page for 'Central Office' (@isprmoffice). The profile header includes the ISPRM logo and the text 'Central Office ISPRM'. Below the header, there are buttons for 'Cancel Friendship', 'Public Message', and 'Private Message', with the latter two highlighted in yellow. The profile grid shows 'Activity', 'Profile', 'Friends', and 'Forums'. Navigation links at the bottom include 'Personal', 'Mentions', 'Favorites', 'Friends', and 'Groups'.

Central Office ISPRM

@isprmoffice

Cancel Friendship **Public Message** **Private Message**

8 minutes ago

Activity	Profile	Friends
Groups	Forums	

Personal Mentions Favorites Friends Groups