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Issue 22, December 2015

## Message from the President



Prof. Jianan Li  
President of ISPRM

*“You never fail until you stop trying” Albert Einstein*

Dear Colleagues,

2015 is coming to an end and I am proud of all we have achieved together. On December 3, we celebrated the International Day of Persons with Disabilities. This day reminded us that the life of people with disabilities has improved over the years, but that we should continue our fight against unacceptable discrepancies in access to appropriate care across the world. I strongly advise you to watch Prof. Walter Frontera’s lecture “PM&R: reflections on our past, present & future” (link below) to better understand the burden of our field of medicine. To strengthen the educational content we provide to you, a new e-journal, the International Journal of Physical and Rehabilitation Medicine (IJPRM) will soon be launched. The President’s Cabinet recently agreed that I serve as managing Editor ad interim until we identify the future Editor-in-Chief.

With 2016 starting in only a few weeks, our focus on ISPRM 2016 preparation is increasing. The LOC has shown an outstanding dynamism and is investing a tremendous amount of time defining a programme that will ensure a holistic perspective on rehabilitation. For the first time, we will hold

debate sessions on hot topics, so don't forget to register on <http://www.isprm2016.com/>

This is a busy time for all of us, therefore I won't be holding you too long with this message. I hope you will enjoy this last issue of News&Views 2015. Thank you for being with us and I wish you all a very happy holiday season. I am looking forward to working with you towards a better health for people with disabilities throughout next year.

Best wishes,  
Jianan Li

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## ISPRM 2016 WORLD CONGRESS

**It's not too late - abstract submission is still open! Send your latest findings today!**

Join us in Kuala Lumpur, for the 10<sup>th</sup> ISPRM World Congress, where the scientific committee has developed an exciting scientific program consisting of pre-congress workshops, plenary, debate, and a wide range of parallel sessions. Participants will have the opportunity to learn the latest clinical sciences & advances, attend skill-building workshops, and meet experts in selected topics. All sessions will be framed along the topics area of interest for the international rehabilitation community. [learn more on ISPRM website](#)

**Register for ISPRM 2016 before February 9, 2016 and save up to 250 USD!**



Discover ISPRM 2016 and Kuala Lumpur in video! [click here to see it](#)



Kuala Lumpur, Malaysia  
May 29<sup>th</sup> - June 2<sup>nd</sup>, 2016



LEARN MORE

### National Societies contact information update

In order to improve communication with ISPRM National Societies, the ISPRM Central Office kindly asks each official Representative of ISPRM National Societies to check their respective contact details being displayed on <http://www.isprm.org/discover/assembly-of-delegates>. Should there be any inaccuracy, please contact us at [isprmoffice@kenes.com](mailto:isprmoffice@kenes.com).

### Developments in the PRM World

#### ISPRM Ambassadors

Germano Pestelli, Ambassador ISPRM for the development of rehabilitation in Moldova and Albania.

It is a pleasure for me to share with friends of ISPRM the mission of the assignment that President ISPRM Prof. Jianan Li recently gave me. Since about 15 years I am working as a volunteer in rehabilitation in Eastern Europe (Albania, Moldova, Montenegro, Macedonia), in Africa (Ghana, Ethiopia) and in Guatemala to activate initiatives of training of health care and to teach to the volunteers to turn experiences of community rehabilitation. My current task as ambassador of ISPRM is focusing particularly on activities of rehabilitation in Albania and Moldova to improve the development of rehabilitation and rehabilitative services in these countries through training, learning activities, meetings with ministries and to get

colleagues involved in the rehabilitation and in related fields, in order to be able to develop positive measures for the development of rehabilitation of all the territory both rehabilitation hospitals that rehabilitation in community. My task is also to encourage the participation in the activities of ISPRM of physiatrists who live and work in these countries.

In Albania the services of rehabilitation are present in only six cities and only for a public service of outpatient rehabilitation, there are some activities CBR near Shkoder and Puke in the northern part of the country organized by volunteers since 2000. In Shkoder and Tirana there are two universities for Physiotherapy in which some Italian teachers are doing lessons. I am teaching methodology of rehabilitation in Shkoder University.

From 2010 to 2015 about 50 students had the degree in Physiotherapy, but the big problem is to find jobs for them in a right way to be useful to disabled people.

Currently in Albania we are having contact with the health ministry to plan training courses and any presence of foreign doctors in the local services and implement activities in the territories for CBR. These activities may improve possibility of job for MDs and Physios.

**Moldova:** Moldova is probably one of the few European countries that remains largely rural. In the main town Chisinau there is a national rehabilitation center with good equipment and rehabilitation activities but with no modern technologies. Outside of Chisinau is rural land without any rehabilitation specific services. From 2012 we started training nurses, caregivers and volunteers to set up CBR activities in the district of Telenesti about 100 km from Chisinau. Between 2012-2014 we trained 64 people who now carry CBR in the villages of the district of Telenesti. Moldova, despite being a poor country, has a good organization thanks to the houses of health in all the villages these Houses are a clear and reliable reference point for all the citizens.

Some week ago the Ministry of Health has decided to set up a ward with 15 rehabilitation beds at the hospital in Telenesti. Also in Moldova the activities and the task of ISPRM ambassador will be to know MDs in rehabilitation and to share with them the mission of ISPRM and to improve contacts for improving general knowledge about disability and organization of rehabilitation.

At the end: my task as Ambassador of ISPRM for developing countries is principally, in the beginning, to share our activities with colleagues of these countries and to try to do something useful to improve their knowledge about rehabilitation and for the quality of life of disabled

people. I am trying to meet governments and operators to have a mix of programs, projects and actions to improve rehabilitation and rights of disabled people. I would like to say thanks to Prof. Jianan Li who wants to give me this important task for ISPRM and rehabilitation.

Germano Pestelli, MD in Rehabilitation  
Italy

### International Day of Persons with Disabilities in Indonesia

According to the World Report on Disability, there are approximately 15% or 1 billion people of global population are persons with disabilities. However, it is still not known the exact number of the persons with disabilities in Indonesia. And this is reflected in the society that most of people in Indonesia do not know how many people are disabled around their neighborhood. Even, for persons with disabilities, they question themselves often if they have equal rights or not like other people in their society.

Having those obstacles in their life situation, the Indonesian Association of Physical Medicine and Rehabilitation-West Java Branch (PERDOSRI-JABAR) initiated to hold a program on the International Day of Persons with Disabilities which aimed to get people aware about the real condition of the persons with disabilities and their families, what should be done and how to help them to get less dependent, increase quality of life, actively participate in community and public life, and live in dignity.

The program was held on Saturday, December 5<sup>th</sup>, 2015. It was collaborated with Government District of Bandung (the Capital city of West Java, Indonesia) and Government Social Service. The program consisted of cabaret show, fashion show, dancing and drawing competition in ceramic pot for persons with disability, especially children. It was attended by **600 persons with disabilities**, **200 public participants** (including from NGOs and private sectors), **50 members of PERDOSRI-JABAR**. We hoped that by doing this event, it could help persons with disabilities to improve their quality of life as our motto said "We cannot add years to life but we can add life to years".

## PERDOSRI-JABAR - the Indonesian Association of Physical Medicine and Rehabilitation-West Java Branch

3 December 2015, Bandung, Indonesia

Image captions:

- Cabaret show of Anna, Elsa and Olaf also try to inform the audience about rule of PMR in disability
- Dance with persons with disability
- Amazing voice from this blindness singer. The members of the band are from blindness community
- Children with disabilities do Painting on ceramic pot
- Body board showed about PMR rule in disability
- Angklung ansamble from disability school foundation (YPAC : yayasan pendidikan anak cacat)
- Crowded but we care...
- The committee behind the event/program (PERDOSRI-JABAR)
- The team from PERDOSRI-JABAR and some private sectors
- PERDOSRI-JABAR Booth on the International Day for Persons with disability 2015. We informed the audience that we can help the disability by prescribing walking aid and also orthotic and prosthetic in order to improve their quality of life.







### **ISPRM invites you to the 2nd online Course on Robotics in Rehabilitation**

The purpose of this course is to review basic neuroscience concepts and clinical evidence on the application of robotics in rehabilitation,

The platform environment is based on set of educational videos followed by an online collaborative learning model, in which participants are able to interact with their peers and debate with the experts. Lectures will take place in different time points during the course, followed by the online discussion forum. [Click here to register!](#)

**Registration Fee: US \$100.00**

### **Future Events - Stay Updated!**

Stay up-to-date with events all year.

Click [here](#) for a list of events.

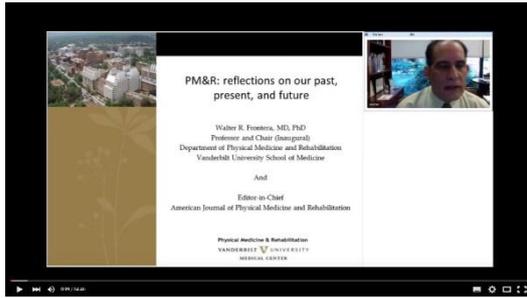
#### **3rd Conference on Rehabilitation Medicine and Health Care (CRHC 2015)**

18–20 December, Guilin, China [learn more](#)

#### **XXV European Stroke Conference 2016**

13–15 April 2016, Venice: [Save the Date!](#)

#### **Rehab Science & Technology Update**



## ISPRM Celebrates the International Day of People with Disabilities

On December 3, 2015 ISPRM looked back at all what we achieved already. See Walter Frontera's Lecture entitled "*PM&R. reflection on our past, present & future*" [click here to see the video!](#)



## AAP 2016 Annual Meeting

AAP 2016 warmly invite you to join 1,000 of the leading minds in psychiatry for 5 days of cutting edge sessions on PM&R research, education, and quality clinical care from February 16-20, 2016. [Register now!](#)

[Check out the programme here](#)



**Improving Quality of Care in  
Low- and Middle-Income**

### **Countries: Now available in print!**

The Institute of Medicine report summarizes a two-day public workshop looking at six of the methods USAID currently employs to invest in quality improvement. Workshop participants discussed the pros and cons of the different methods, how they work, and when and where they could be most effective. Participants also considered gaps in data and explored ways to better measure successes and shortcomings going forward.

The workshop summary is now available in paperback [for purchase](#). [A free online version](#) and PDF download are also available.

### **Message from the Central Office**

#### **Musculoskeletal Ultrasound in PRM – Digital Edition free for ISPRM Members! LAST CHANCE – the coupon expires December 31st, 2015**

ISPRM is happy to offer each individual member and combined individual member from National Societies a free download of the Musculoskeletal Ultrasound in PRM. The digital edition is available to download for each member; a personal 16 digit code is required.

#### National Society Members:

If you are a National Society member, you must obtain your code via your society. The National Society can request unique codes from the Central Office via one of the following options:

- a) scratch-off cards for distribution during meetings
- b) a list of codes via email that can be spread to members via email
- c) a mailshot sent on National Societies' behalf to your individual members with the unique code inserted into the mail

Individuals:

If you are an individual member and not affiliated with a national Society, please request a code by emailing [isprmoffice@kenes.com](mailto:isprmoffice@kenes.com).

For any question about your membership, please contact [isprmmembership@kenes.com](mailto:isprmmembership@kenes.com)

**Chair of the News & Views sub-committee: André Thevenon**

Forward to a friend

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