

Issue 18, December 2014

Message from the President



Dr. Jianan Li
President of ISPRM

Dear Colleagues and Friends:

In life, one step creates the next. Each day is of equal importance, and there is no moment in life that does not matter.

In the past few months, the President's cabinet has worked together with the organizing committee to prepare the ISPRM 2015 World Congress, put together the scientific program for the 2016 Congress, initiate the translation of educational resources in the website, promote the ICF consensus, and facilitate the possible publication of an ISPRM journal. Building on the deliberations of the consensus conference on the system-wide clinical implementation of the ICF in China held in August 2014 in Suzhou, a three-day training session was developed on how to use the ICF disability set in rehabilitation settings to evaluate function. Recently, on November 22, 2014, a multi-center research project on the application of the ICF generic set in departments of rehabilitation, cardiology, neurology, orthopedics, and respiratory medicine was launched in Guangzhou, China. This project is under the auspices of ISPRM and the ICF Research Branch (a partnership within the World Health Organization Family of International Classifications Collaborating Centre in Germany (DIMDI)). The main purpose of this project is to implement the ICF generic set in health care systems. A total of seventy-eight hospitals participated in the project, which is expected to be completed in April 2015. On a different initiative, ISPRM's Ambassadors are working to expand our presence in developing countries especially in Africa with the objective of helping the local professionals for establish systems

of rehabilitation as part of their health care infrastructure.

As mentioned above, one step creates the next particularly when you love what you do and believe in it. I, and the other members of the President's Cabinet, are proud to contribute to the development of physical and rehabilitation medicine worldwide. We want every member of the ISPRM family to take many steps to create a bright future.

In this special time of the year I would like to wish all of you a very special holiday season and a very happy and prosperous 2015.

Very sincerely yours,

Jianan LI, MD
President of ISPRM

Message from the Central Office

National Societies contact information update

In the aim of having a fluent communication with ISPRM National Societies, ISPRM Central Office kindly asks official Representatives of ISPRM National Societies to check their respective contact details being displayed on <http://www.isprm.org/discover/assembly-of-delegates>. Should there be any inaccuracy, please contact us at isprmoffice@kenes.com.



ISPRM 2015, 19-23 June 2015, Maritim Hotel, Berlin (Germany)

We are proud to welcome prestigious international and national guest speakers to the ISPRM 2015 in Berlin. In different sessions, workshops and educational courses they will

Amputation in elderly Patients

Olfa Kharrat, Catherine Dziri, Ines Aloulou, Sonia Lebib, Imen Miri, Fatma Zohra Ben Salah

Physical Medicine and Rehabilitation
Department

National Institute of Orthopedics Mohamed Kassab, Kassar Said, 2010 Manouba, Tunisia

O.Kharrat, C.Dziri, I.Aloulou, S.Lebib, I.Miri, FZ Ben Salah
olfakharrat@yahoo.fr

present the latest results of research in the field of PRM and share their knowledge.

Please find the detailed programme [here](#). This online programme also functions as a planning tool and can also be accessed via your mobile devices (smart phones, tablets, etc.). With the help of this “Programme Planer” you will have the opportunity to create and save your individual programme, according to your needs and interests.

Social Programme

You are curious about Berlin and German and Austrian History? Then register for our social and cultural programme and take part in our guided tours through the city of Berlin and other famous cities in Austria and Germany. For details please visit www.isprm2015.org



and get the latest updates on the ISPRM 2015.



3rd Edition of the "Jaipur Foot Mauritius" Global Rainbow Foundation

To offer prosthesis to 130 amputees and formation of Mauritian Prosthesis Technicians

The Global Rainbow Foundation (GRF) will organise the 3rd edition of “Jaipur Foot Mauritius on the spot Limb Fitment Camp” at Solitude, Triolet as from the 7th December. The goal of this 3rd camp will be to offer custom-made prosthesis free of cost to 130 amputees and to form Mauritian prosthesis technicians.

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The major amputation of the lower limb is a handicap that can affect the functional capabilities of individuals, their social life and psychology. The objective of this study is to evaluate our management of major amputations of the lower limbs and their equipment in Tunisia.

Materials and methods. This is a retrospective study of elderly patients hospitalized in physical medicine and functional rehabilitation of the Institute of Orthopaedics Kassab for management of lower limb amputation between January 2009 and June 2013.

The evaluation included a clinical examination, functional assessment and evaluation of the equipment if it is acquired.

[Click here to see full article](#)



National PRM societies highlights: Pakistan

Achievements of ISPRM members from Pakistan 2014:

- Dr Farooq Rathore won USD 2500 grant from AuthorAID to conduct a series of 5 workshops on medical writing. [click here for more information about AuthorAID](#)

During the 2 previous camps, the GRF in association with BMVSS has already offered more than 250 limbs to amputees in Mauritius, Rodrigues and even the Seychelles. Through this initiative the Foundation has been able to offer independence, mobility, and dignity to amputees who were previously challenged and handicapped by their physical disability.

Jaipur Foot is technically distinct from other foot / limb technologies. It is the only non-articulated foot in the world that provides mobility in all three planes i.e Dorsi-flexion, Inversion/ Eversion and transverse rotation. The Jaipur Foot enables amputees to walk, run, trek, swim, squat, sit cross legged, walk on uneven terrain etc.

[Click here to read full article](#)

Fractal Therapy: A Bridge Between Western and Eastern Medical Methods

*Gerry Ivanov,
A certified therapist ISPRM, IOFMI*

Being a member of IOFM (International Organization of Fractal Medicine,) I think it might be of interest of all colleagues practicing treatment methods like kinezithery medical massage, acupressure and post isometric relaxation to learn about a unique method of therapy, a result of many years of research and experiments.

Western and Eastern medical methods to diagnose and treat are quite different. Their fundamental concepts differ even more, yet chasing the same final result. As different as they are, those two mega schools in the contemporary medicine have a rational core to unite them and that core is called Fractal Theory.

[Click here to read the full article](#)

He and fellow ISPRM members, Dr Nasir Mansoor ended up with conducting 8 workshops in the same budget at four different places in two cities. These workshops were attended by more than 200 people (senior medical faculty, postgraduate trainees, house officers, medical students, nurses and physical therapists) from more than 8 institutions. There are plans to conduct five more similar workshops in the next 6 months.[More information](#)

- Dr Farooq Rathore also won the AuthourAID Mentor of the year 2014 award. [More information](#)
- Pakistan Society of Neurorehabilitation was recently launched with two physiatrists in the executive board.[link to society website](#)



Physical Medicine and Rehabilitation Patient-Centered Care: Mastering the Competencies

*Adrian Cristian, MD, MHCM
Soroush Batmangelich, EdD, MHPE*

A physiatrist residency education program director and a professional medical education expert have teamed up to develop a new PM&R textbook, just published in September 2014. This textbook is the collaborative efforts of Drs. Cristian and Batmangelich, editors and authors, who recruited clinicians, academics, educators, residents, and fellows to contribute to this 31-chapter textbook.

[Click here to read full article](#)

A multicenter clinical study using the ICF generic set was launched in China

On November 22nd, 2014, a multicenter research project on the application of the ICF generic set in the rehabilitation nursing setting was launched in Guangzhou, China. This project is being conducted by the rehabilitation nurse branch of Guangdong province's Nurses Association under the auspices of ISPRM and the ICF Research Branch, a cooperation partner within the World Health Organization Family of International Classifications Collaborating Centre in Germany (at DIMDI).

Overall the project is intends to implement the ICF generic set in departments of pulmonology, cardiology, neurology, orthopedics, cerebral surgery and rehabilitation medicine in the hospitals participating in the project. The aim of the project is to demonstrate the usefulness and effectiveness of the ICF generic set in the rehabilitation nursing setting.

[Click here to read full article](#)



Effects of long-term intensive home- based physiotherapy on older people with an operated hip fracture or with signs of fragility (RCT)

There is increasing need to develop new models of rehabilitation to postpone older people's disabilities and institutional care. One alternative is home-based rehabilitation with emphasis on functional-based exercises and nutrition.

Musculoskeletal ultrasound in Physical and Rehabilitation Medicine book

We are glad to inform you about the book "Musculoskeletal ultrasound in Physical and Rehabilitation Medicine". This is an educational activity supported and co-sponsored by the International Society of Physical and Rehabilitation Medicine, together with the UEMS European Board of Physical and Rehabilitation Medicine, and the European Society of Physical and Rehabilitation Medicine.

The editors are Levent Özçakar (Ankara, Turkey) and Martine De Muynck (Ghent, Belgium), and the project managers are Franco Franchignoni and Mauro Zampolini, from Italy.

Recently, ultrasound imaging has gained an important concern in musculoskeletal medicine. The mounting interest of physiatrists has mainly appeared in the last 10 years. Increased awareness regarding the advantages of ultrasound imaging has definitely played role in this sense. Yet, apart from its several technical superiorities, it is inexpensive, convenient, patient-friendly and does not contain radiation. Accordingly, it has potentially become the 'stethoscope', 'extended hand', '6th finger', or 'pen' of physiatrists.

On the other hand, the user-dependency of ultrasound necessitates lengthy education and mentoring. Therefore, aside from several workshops or online training, the novice sonographers indisputably need relevant resources in their hands. As such, trying to convert our accumulated experience into a concrete product, we have decided to publish this ultrasound book.

Indeed, this is a great pleasure and honor for the book's editors to have been able to gather all the expertise of our authors in this book, which is the first and official reference for musculoskeletal ultrasound for physiatrists. This book contains some 'extra' when compared with other 'similar' books. In addition to its common

Our objective is to study the effects of home-based physiotherapy for 12 months followed by 12 months' follow-up in older people (65+ y), either with an operated hip fracture or with signs of frailty. The primary outcome measure is duration of living at home (vs. assisted living and institutional care).

[Click here to read full article](#)

style (a look from the physiatrist's side), especially section 3 comprises particular topics that really pertain to the clinical practice of physical and rehabilitation medicine. Therefore, we strongly believe that the book will shortly take its place on the shelves of physiatrists who are interested in musculoskeletal ultrasound imaging. Last but not least, we also believe that it will be a good (another) reason for underscoring the role of our specialty in the general health/academic arena.

The book will have a paper version and an electronic version.

Free digital codes for the e-version will be provided (upon request) by ISPRM to its members, starting from the first months of 2015, till the end of the year. Each download will be allowed after registration on a digital platform, to grant further assistance. This e-version will soon be available on iOSsystems, Android system, and in desktop version. Further technical info about the procedure will be provided by Mauro Zampolini, responsible for the distribution process.

Journal of Rehabilitation Medicine

Discover the list of recently published articles of the "Journal of Rehabilitation Medicine" Volume 46

[Issue 1, January 2014](#)

[Issue 2, February 2014](#)

[Issue 3, March 2014](#)

[Issue 4, April 2014](#)

[Issue 5, May 2014](#)

[Issue 6, June 2014](#)

[Issue 7, July 2014](#)

ISPRM World Congresses



9th ISPRM World

Congress,

June 19-23, 2015, Berlin,
Germany

www.isprm2015.org

Congresses & Events in the PRM World

4th I.S.Mu.L.T. Congress

5-6 December 2014, Rome, Italy

<http://www.ismult.com/congressi.php>

IAPMRCON2015

30 January - 1 February 2015

Trivandrum, Kerala

www.iapmrcon2015.com

3rd Kuwait PM&R conference in
association with the 9th PAN Arab
PM&R congress

[Issue 8, September 2014](#)
[Issue 9, October 2014](#)
[Issue 10, November 2014](#)

14-16 March 2015
www.kpmrc2015.com

27th Annual Kessler PM&R Board
Review Course
March 20-27, 2015 in Livingston, NJ,
USA
[www.kessler-
rehab.com/pmrboardreview](http://www.kessler-rehab.com/pmrboardreview)
[Brochure](#)

Third Annual Summit on Safety and
Quality for Rehabilitation Hospitals
April 20-22, Arlington, VA, USA
www.safetyqualitysummit.org
[Brochure](#)

XIV PRM Chilean congress
27-28 August 2015,
Santiago, Chile

Members of the News & Views sub-committee

Randall Braddom, Jorge Lains, Jianan Li, Leonard Li, Anton Wicker, S. Mansoor Rayegani

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