

	San Servolo – Venice International University, Italy Date: December 10-12, 2015			
	Impact of Nutrition for Rehabilitation of Older Patients			
	Course coordinators: X Michail (GR) ESPRM & JP Michel (CH) EUGMS			
p.m.	Thursday Afternoon			
02.30	Welcome addresses EICA, EUGMS, ESPRM: Practical goals/organization of the teaching activity			
02.45	Knowledge testing			
03.00	Nutrition, aging and functioning	<i>Keynote lecture:</i> C Sieber (De) EUGMS		
03.45	Factors influencing any rehabilitation process	<i>Keynote lecture:</i> S Masiero (I) ESPRM		
04.30	<i>Coffee break</i>			
05.00	Sarcopenia and frailty: definitions and pathophysiology	<i>Keynote lecture:</i> F Landi (I) EUGMS		
05.45	Physical interventions in sarcopenic and frail older patients	<i>Keynote lecture:</i> S Masiero (I) ESPRM		
06.30	Nutrition and multimodal interventions in sarcopenic and frail older adults	<i>Special keynote lecture:</i> B Vellas (F)		
07.30	<i>General discussion and synthesis of the afternoon session</i>			
07.45	Dinner in San Servolo			
a.m.	Friday morning			
08.15	Protein-energy malnutrition in older persons	<i>Keynote lecture:</i> F Landi (I) EUGMS		
09.00	Overweight and obesity paradox in old adults	<i>Keynote lecture:</i> C Sieber (De) EUGMS		
09.45	Rehabilitation problems linked to malnutrition in older patients	<i>Keynote lecture:</i> MG Ceravolo (I) ESPRM		
10.30	<i>Open "Oral Nutritional Supplements" bar</i>			
11.00	Nutrition and bone metabolism: prevention & treatment	<i>Special Keynote lecture:</i> R Rizzoli (CH)		
12.00	<i>General discussion</i>			
12.30	Lunch in San Servolo			
p.m.	Friday afternoon			
	Workshop: Nutrition requirements in older adults (functionally independent active, sedentary or dependant)			
14.00	<u>Group A</u> MG Ceravolo (I) ESPRM	<u>Group B</u> F Landi (I) EUGMS	<u>Group C</u> S Masiero (I) ESPRM	<u>Group D</u> C Sieber (De) EUGMS
14.30	Synthesis of the working groups – General discussion			
15.00	Nutritional requirements of older adults/patients	<i>Keynote lecture:</i> Kala Kaspar (CH)		
15.45	<i>Open "Oral Nutrition Supplements" bar</i>			
16.15	<u>Introducing the clinical case:</u> Nutrition and dementia	C Sieber (De) EUGMS		
16.45	<u>Introducing the clinical case:</u> Swallowing difficulty	S Masiero (I) ESPRM		
17.15	<u>Introducing the clinical case:</u> Nutrition and drug metabolism	F Landi (I) EUGMS		
17.45	<i>General discussion and synthesis of the day sessions</i>			
07.00	Dinner in Venice			
a.m.	Saturday morning			
08.15	International Classification of Functioning and functional evaluation in rehabilitation of older patients	<i>Keynote lecture:</i> MG Ceravolo (I) ESPRM		
	Clinical cases			
09.00	<u>Group A</u> Repeated falls & polyopathy S Masiero (I) ESPRM	<u>Group B</u> Hip fracture in a demented woman F Landi (I) EUGMS	<u>Group C</u> Back pain & depression C Sieber (De) EUGMS	<u>Group D</u> Stroke with dysphagia MG Ceravolo (I) ESPRM
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10.30	<i>Open "Oral Nutritional Supplements" bar</i>			
11.00	<i>General discussion and synthesis of the morning course</i>			
11.15	Nutrition in geriatric medicine: specific messages	F Landi (I) & C Sieber (De) EUGMS		
11.45	Nutrition and rehabilitation: specific messages	MG Ceravolo (I) & S Masiero (I) ESPRM		
12.15	<i>Evaluation of the course / Certification</i>			
13.00	<i>End of the course</i>			