



April 15<sup>th</sup> to May 16<sup>th</sup> 2014

**Registration :**

**Non-ISPRM members  
Professionals: 200 €**

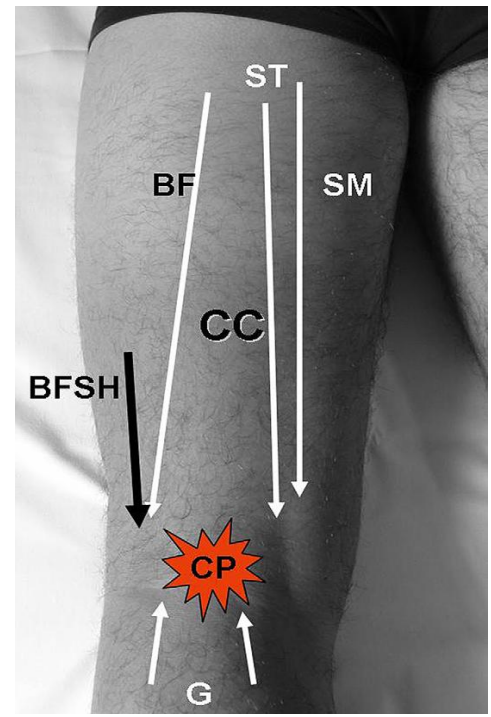
**ISPRM Students and  
Residents: 70 €**

**ISPRM Member: 100 €**

**The ISPRM is pleased to introduce  
Fascial Manipulation® Introduction**

This course is intended for physiotherapists/osteopaths/ medical doctors. Participants will learn to evaluate musculoskeletal dysfunctions, with specific reference to the human fascial system. Lessons include anatomy and physiology of the fascial system, explanation of the biomechanical model used in application of this technique and the anatomical localisation of key fascial points. The evaluation of musculoskeletal dysfunctions from anamnesis to hypothesis to verification and treatment is emphasized, together with the methodology of treatment and treatment strategies.

Chapters	Title	Lectures
<b>Introduction</b>	Welcome and Introduction to Course	<b>Presentation</b>
	The history of Padua University	<b>Theory</b>
<b>Superficial fascia</b>	anatomy	<b>Theory</b>
	Physiology and pathology	<b>Theory</b>
<b>Deep fascia</b>	Anatomy of the limbs	<b>Theory</b>
	Anatomy of the trunk	<b>Theory</b>
<b>Physiology of fascia</b>	Fascia innervation	<b>Theory</b>
	Fascia continuity	<b>Theory</b>
	Fascia and hyaluronic acid	<b>Theory</b>
	Pathology of fascia	<b>Theory</b>
	Fascia treatments	<b>Theory</b>
	The role of the Centre of Coordination	<b>Theory</b>
	The role of the inflammatory reaction	<b>Theory</b>
<b>The biomechanical model</b>	The Myofascial unit	<b>Theory</b>
	Centres of Perception	<b>Theory</b>
	The myofascial sequences	<b>Theory</b>
	Agonist-antagonist	<b>Theory</b>
<b>The sequence of antemotion</b>	presentation of the CCs of head and trunk	<b>Theory/Demo</b>
	presentation of the CCs of the leg	<b>Theory/Demo</b>
	presentation of the CCs of the arm	<b>Theory/Demo</b>
<b>conclusion</b>	Conclusion of the beta course	<b>Theory</b>



Posterior region of left leg, Subject in prone lying. The Myofascial Unit for knee flexion comprises monoarticular components (short head of biceps femoris: SHBF), and biarticular components (Biceps femoris: BF, semitendinosus: ST, semimembranosus: SM, and the proximal part of gastrocnemius: G). The Centre of Coordination (CC) for this MFU is situated midway on the posterior thigh over the deep fascia between biceps femoris and semitendinosus, semimembranosus. The Centre of Perception (CP) is located in the posterior knee joint.

**Speaker:** Stecco Antonio MD, University of Padova, Italy  
Marta Imamura MD PhD, University of San Paulo, Brazil

**Reference texts recommended for all the participants:**  
Fascial Manipulation for Musculoskeletal pain by Luigi Stecco, Editor Piccin, 2004.

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