



INTERNATIONAL SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE

THE RESULT OF THE MERGER AND INTEGRATION OF IRMA AND IFPMR

NEWS & VIEWS – APRIL 2009

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ISPRM World Congresses

2009 – Onder Kayhan
2011 – Veronica Rodriguez
2013 – Jianan Li

MARK YOUR AGENDA

ISPRM BOARD OF GOVERNORS MEETING 2009

We kindly inform that the ISPRM Board of Governors Meeting 2009 will be organized on

Saturday, June 13

Harbiye Cultural Center (located near ICEC Congress Centre)

09.00-11.00 President's Cabinet Meeting (on invitation only) - **Fevzi Cakmak Hall**

11.00-13.00 Executive Committee Meeting (on invitation only) - **Fevzi Cakmak Hall**

13.00-13.30 Light lunch

13.30-17.00 Board of Governors Meeting 1 - **Inonu Hall**

19.00 Official Opening of the Congress. - **ICEC Congress Center**

Tuesday, June 16

Harbiye Cultural Center (located near ICEC Congress Centre)

13.30-17.00 Board of Governors Meeting 2 - **Inonu Hall**

Please book your travel itinerary according to this meeting schedule.

FYI: the Hilton Hotel will be the central hotel for ISPRM Board members.

BOOK OF REPORTS – REQUEST FOR SUBMISSION OF REPORTS

To the occasion of the ISPRM Board Meetings, we always have the book of reports ready with reports submitted by the members of the President's Cabinet, the Executive Committee and the Chairmen of the different Committees.

We therefore kindly request the members of the above delegates to submit their reports by May 10 at the latest so that the book of reports can be made ready in time for distribution during the Board Meeting in Istanbul.

Deadline for Report Submission: May 10 !



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ISPRM 2009 AWARDS

Chang-il Park, Chairman of the Awards Committee

The ISPRM awards Committee has the honour to inform on the recommended nominees for the 2009 ISPRM awards,
The awardees are:

- | | |
|---|--------------------|
| 1) Sydney Licht Lectureship Award: | Dr. Gulseren Akyuz |
| 2) Herman J Flax Lifetime Achievement Award | Dr. Naoichi Chino |
| 3) Individual Honor Role Membership | Dr. Martin Grabois |

The above named nominees will be presented for the Board of Governors meeting in Istanbul for approval.

NEW HISTORIAN APPOINTED BY ISPRM

After having served as the historian of the ISPRM for several years, Dr. William Peek has informed that from now he will resign in this function. We would like to take the opportunity to sincerely thank Dr; Peek for the excellent work he has done for years as the historian of our society. Dr. Peek arranged that, for future generations of ISPRM, there is a real historical literature available on all what happened within our society.

The ISPRM has now appointed Dr; José Jimenez to replace Dr. Peek. Dr Jimenez was already active in this function for many years before Dr. Peek took over. With this nomination we are convinced that the history of the ISPRM is in perfect hands for future follow-up.

CANDIDATE CITIES FOR THE ORGANISATION OF THE 2015 ISPRM WORLD CONGRESS

We have received four candidatures bidding for the organisation of the 2015 ISPRM World Congress

The candidates are (in alphabetical order)

- Berlin, Germany
- Cancun, Mexico
- Ljubljana, Slovenia
- Toronto, Canada

We wish all candidates a lot of success with the bidding procedure and the presentation of the bid during the ISPRM Board Meetings in Istanbul where the final decision on the exact location of the 2015 ISPRM World Congress will be voted for by the ISPRM Board of Governors.

In order to support their candidature, the above candidate cities are required to submit a bid book containing information about the airport, local transport, city, congress halls and exhibition area, hotels, social venues, VAT and tax regulations, visa requirements (free access to all nationalities), other congresses that took place in the city and all other points of interest for the Congress. This bid book must also contain a first budget including the **confirmed** costs of the congress venue and the **confirmed rates hotels will charge** for the period of the congress. This bid book needs to be sent in 2 copies to the ISPRM Central Office one month prior to the date of selection. This means that the bid book should be received by **May 15, 2009 at the latest**



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NEWS FROM THE ISPRM WORLD CONGRESS IN ISTANBUL

Onder Kayhan, Chairman of the 5th World Congress of the ISPRM

We kindly want to inform you about that the 2nd announcement of the 5th World Congress of the ISPRM is available in our web site; www.isprm2009.org I also want to inform you about the latest news about the congress.

We reserved “Harbiye Culturel Center” which is a very nice complex with 6 meeting rooms, big garden and a big exhibition center for our congress in addition to our Congress Center. We also organize our National Congress with the World Congress and this new complex gave us the chance to move easier and to use a huge area for our World Congress.

The Abstract Submission Deadline has passed and we have more than 2000 abstracts. Our registered participant number is also increasing and we have nearly 800 registrations at the moment. Our scientific program is also finalized and maybe it will be announced when you are reading this information.

We are also pleased to announce that we have new discount in our hotel prices. Congress Secretariat is negotiating with the hotels constantly and we kindly advise you to check our web site regularly for new discounts

We are looking forward to welcoming you in Istanbul and making ISPRM 2009 a successful and memorable meeting.

NEW!! COME EARLY TO TURKEY!

First World Conference on Medical Rehabilitation in Rural and Developing Regions, June 9-11, 2009

For information and registration, check www.rehabforum.org or contact: Andrew J. Haig at andyhaig@umich.edu

PRE-SELECTION ANNOUNCEMENT FOR FOREIGN STUDENTS

Prof Calogero Foti MD, PRM Chairperson, Tor Vergata University, Rome Italy

As a Coordinator of Phd in ADVANCED TECHNOLOGY IN REHABILITATION MEDICINE at Tor Vergata University in Rome, I'm glad to announced that Pre-selection has begun for foreign students applying for a position in a Doctoral Program for the academic year 2009/10.

The number of positions funded by the University will be established by the Graduate School.

Foreign students wishing to apply for admission to a Doctoral Program for the academic year 2009/10 must submit an application via the online form available at the following website which will be active on April 3, 2009 and deadline is May 25, 2009: <http://delphi.uniroma2.it/totem/jsp/Concorsi/ConcorsoOTest.jsp?language=en>

Foreign students will be evaluated by submitting an online application by May 25, 2009. At the conclusion of the online application process, applicants must attach in electronic format a “zip” or “rar” file with a maximum size of 15 MB containing:

1. A Curriculum Vitae with details of achieved degree(s), relevant examination results and/or results of degree requirements with assessment and/or grade (i.e., transcript details), and the date of degree achievement.
2. A research proposal (maximum size of 1 page on A4 paper)
3. List of Publications

Foreign students are required to provide a recommendation form to two university professors in Italy or abroad. The two completed recommendation forms must be returned to the Graduate Office by May 25, 2009. The recommendation form can be found on the Graduate School's website.

Pre-selection applications will be evaluated by the Coordinator or by a committee appointed by the Coordinator of the PhD Program and they will admit candidates deemed suitable.

For further information, please visit the following website:

http://dottorati.uniroma2.it/index.php?option=com_content&view=section&id=33&Itemid=259&lang=it_IT.utf8%2C+it_IT.UT

ISPRM CENTRAL OFFICE: WERNER VAN CLEEMPUTTE, EXECUTIVE DIRECTOR www.isprm.org

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MEDPEDIA

Samuel Franco Domínguez

I'd like to invite you to join me on Physical Medicine and Rehabilitation (PM&R) on Medpedia.

<http://www.medpedia.com/sign-up/92-REHAB> Description: Group for Physical Medicine and Rehabilitation specialists.

Website: <http://rehabilitacionymedicinafisica.blogspot.com> Medpedia.com is the free professional network and encyclopedia for the health and medical community. As a medical professional you can use Medpedia too: - Connect and communicate with people you respect in the medical community - Get up to date information, clinical insights and research from peers - Stay in touch with all your professional associations and affiliations (AMA, ACP, AHA, etc) - Make and get referrals - Be recognized as an expert and build your reputation in your area of medical expertise.

PHYSICAL MEDICINE, RHEUMATOLOGY & REHABILITATION (PMRR) EDUCATION, IN ALEXANDRIA UNIVERSITY OF EGYPT.

Prof. Tarek Shafshak

The following document is a review about PMRR in Alexandria University of Egypt. This system will be planned to be applied for other Egyptian universities within 2 years.

Goals:

- 1- To train and teach doctors the different skills for diagnosing, treating and rehabilitating rheumatic and joint diseases, regional pain syndromes and all locomotory problems.
- 2- To provide a training program in orthotic and prosthetic prescription, electrodiagnosis and physical therapy.
- 3- To offer a special training program for rehabilitating all neurological, neurosurgical, orthopedic, pediatric and surgical problems that need rehabilitation.

Residency training program (5 years):

This starts, after finishing the internship period, with clinical training (for 12 months) in departments other than PMRR e.g. general medicine, neuropsychiatry, orthopedic surgery, neurosurgery, burn unit, and other departments. Then, training starts at the PMRR department, where the residents will be enrolled in specific training programs. Training is accompanied by studying the diploma or master degree. Thus, while a resident is doing his clinical training program, he is enrolled in the master or diploma program. Residency training is usually in the field of the course they are studying, e.g. neurorehabilitation, pediatric rehabilitation, electrodiagnosis, geriatric rehabilitation, rheumatology, rehabilitation of rheumatic diseases. After finishing the master program, the resident may join the doctorate degree program.

Degrees:

1. **Diploma in PMRR:** A total of 31 Credit Hours (CH). It includes obligatory courses (30 CH) and 1 elective course of 1 CH
2. **Master of PMRR:** A total of 43 Credit Hours. It includes 36 CH of obligatory courses, 1 elective course of 1 CH and a master thesis (= 6 CH).
3. **Doctorate of PMRR:** It includes a total of 62 Credit Hours. Having a master degree in PMRR (or in physical or rehabilitation medicine) is a prerequisite for joining this program. The doctorate program includes preparatory course (=8 CH), obligatory courses (42 CH), 2 elective courses each of 1 CH and a doctorate thesis (=10 CH).

One credit hour is defined as a lecture of 1 hour (or 2 hours of clinical/ practical sessions) /week for 15 weeks.



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General outlines for the academic degrees:

1. This program is offered in different semesters (each of 15 weeks duration). The fall semester starts in September and ends in January; and the spring semester starts in February and ends in June in the same academic year. Some small courses (usually 1 credit hour each) may be given in the summer semester which is held in July and August.
2. A log book is available to assure completion of the training program.
3. An examination will be held at the end of each semester (in January and June every year). Completion of at least 75% of the log book is a prerequisite for admission to the exam. The students must attain at least 60% of the maximal examination score for each course in order to pass the examination of any course.
4. The student will not be allowed to register for the 2nd semester of the diploma & master degrees until he passes the 1st semester, which include mainly basic subjects (or pass the preparatory course for the doctorate degree).
5. Thesis registration will be allowed after passing the 1st semester (in the diploma & master degrees) or after completion of the preparatory course for the doctorate degree. Working on the thesis can be achieved during the following semesters. However, thesis will not be discussed until the candidate passes examinations of all courses.
6. The final examination grade will be calculated according to the sum of the examination scores of all studied courses. The thesis will not be given any score.
7. The degree will be awarded after achieving the followings: 1) passing the examinations of all required courses, and 2) acceptance of the prepared thesis.

Courses for the diploma & master degrees:

- (1) Basic subjects (total= 10 CH for the master degree and 9 CH for the diploma): It includes 10 courses each of 1 CH. These are: applied physics & biomechanics, anatomy, physiology, pharmacology, pathology (for the master only), basic immunology, internal medicine, neuropsychiatry, orthopaedic surgery & neurosurgery.
- (2) Physical Medicine 1 (Physical Agent Modalities & Electrotherapy) (2CH)
- (3) Physical Medicine 2 (Exercises, Hydrotherapy, Manipulation, Traction & Massage) (2CH)
- (4) Orthotic, prosthetic, assistive devices & shoe modifications. (2CH)
- (5) Electrodiagnosis (4 CH for the master degree and 3 CH for the diploma)
- (6) Neurorehabilitation (2CH)
- (7) Pediatric rehabilitation (1CH)
- (8) Chest & cardiac rehabilitation (1CH) (for the master only),
- (9) Geriatric rehabilitation (1CH) (for the master only),
- (10) Biofeedback, acupuncture & alternate medicine (1CH) (for the master only),
- (11) Rheumatology (5 CH)
- (12) Regional pain (2CH)
- (13) Rehabilitation & physical therapy in orthopaedic & surgical disorders (1CH)
- (14) Rehabilitation & physical therapy in rheumatic conditions (1CH)
- (15) Joint aspiration & synovial fluid analysis (1CH) (for the master only),

Courses for the doctorate degree:

The first course is the preparatory course (8 CH). It includes principles of the followings: biostatistics, clinical research methodology, animal experiments, medical ethics, clinical trials in drug therapy & quality control. After passing the preparatory course, the candidate will be enrolled in the major subjects (=42 CH) which include advanced courses in:

- (1) Posturography, kinesiology & gait analysis
- (2) Electrotherapy & heat therapy
- (3) Therapeutic exercises & hydrotherapy
- (4) Neurorehabilitation
- (5) Applied orthotic & prosthetic
- (6) Physical therapy in orthopaedic, rheumatic & surgical disorders
- (7) Cardiac & chest rehabilitation
- (8) Geriatric rehabilitation
- (9) Sport medicine & sport injuries
- (10) Applied electrodiagnosis



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- (11) Rheumatology
 - (12) Childhood arthritis
 - (13) Clinical immunology
 - (14) Regional musculoskeletal pain
 - (15) Laboratory diagnosis, imaging & drug therapy in rheumatic diseases
- N.B. Assessment in rehabilitation is included in the appropriate subjects.

Elective courses (each of 1 CH):

- (1) Joint biomechanics & locomotion
- (2) Biostatistics
- (3) Medical ethics
- (4) Research methodology

NEWS & VIEWS EDITORIAL BOARD 2008-2010

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Please feel free to submit articles for the News & Views and to take part in our Editorial Board.



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JOURNAL OF REHABILITATION MEDICINE

(one of the two official journals of the ISPRM)

Issue 5, April 2009 (Volume 41)

Articles are accessible for ISPRM individual members (in good standing)

Updates on the use of non-invasive brain stimulation in physical and rehabilitation medicine

Julie A. Williams, Marta Imamura, Felipe Fregni

Transcutaneous electrical stimulation on acupuncture points improves muscle function in subjects after acute stroke: A randomized controlled trial

Tiebin Yan, Christina. W.Y. Hui-Chan

Muscle function of knee extensors and flexors after stroke is selectively impaired at shorter muscle lengths

Astrid Horstman, Karin Gerrits, Marijke Beltman, Thomas Janssen, Manin Konijnenbelt, Arnold de Haan

Long-term effect of comorbidity on the course of physical functioning in patients after stroke and with multiple sclerosis

Annet J. Dallmeijer, Heleen Beckerman, Vincent de Groot, Ingrid G. L. van de Port, Gustaaf J. Lankhorst, Joost Dekker

Evidence of a logarithmic relationship between motor capacity and actual performance in daily life of the paretic arm following stroke

Marian E. Michielsen, Mark de Niet, Gerard M. Ribbers, Henk J. Stam, Johannes B. Bussmann

Supervised aerobic exercise is more effective than home aerobic exercise in female chinese patients with rheumatoid arthritis

Lin-Fen Hsieh, Shih-Ching Chen, Chih-Cheng Chuang, Huei-Ming Chai, Wen-Shan Chen, Yang-Chien He

A six-week hand exercise programme improves strength and hand function in patients with rheumatoid arthritis

Sofia Brorsson, Marita Hilliges, Christer Sollerman, Anna Nilsson

How much change is true change? The minimum detectable change of the Berg Balance Scale in elderly people

Declan Donoghue, Physiotherapy Research and Older People (PROP) group, Emma K. Stokes

Personal characteristics influencing patients' adherence to home exercise during chronic pain: A qualitative study

Francesc Medina-Mirapeix, Pilar Escolar-Reina, Juan J. Gascón-Cánovas, Joaquina Montilla-Herrador, Sean M. Collins

Relationship between symptoms and psychological factors five years after whiplash injury

Britt-Marie Stålnacke

Functional status after intensive care: A challenge for rehabilitation professionals to improve outcome

Marike van der Schaaf, Anita Beelen, Dave A. Dongelmans, Margreeth B. Vroom, Frans Nollet

Motor impairments and activity limitations in children with spastic cerebral palsy: A Dutch population-based study

Marc Wichers, Sander Hilberink, Marij Roebroek, Onno van Nieuwenhuizen, Henk Stam

Inactive lifestyle in adults with bilateral spastic cerebral palsy

Channah Nieuwenhuijsen, Wilma M.A. van der Slot, Anita Beelen, J. Hans Arendzen, Marij E. Roebroek, Henk J. Stam, Rita J.G. van den Berg-Emons, the Transition Research Group South West Netherlands

Investigation of bias due to loss of participants in a Dutch multicentre prospective spinal cord injury cohort study

Sonja de Groot, Janneke A. Haisma, Marcel W.M. Post, Floris W.A. van Asbeck, Lucas H.V. van der Woude

Trunk muscle activation in a person with clinically complete thoracic spinal cord injury

Anna Bjerkefors, Mark G. Carpenter, Andrew G. Cresswell, Alf Thorstensson

Communicating using the eyes without remembering it: Cognitive rehabilitation in a severely brain-injured patient with amnesia, tetraplegia and anarthria

Luigi Trojano, Pasquale Moretta, Anna Estraneo

Does physical exercise improve arterial structure and function in spinal cord-injured individuals? and Response to letter to the editor by Jan T. Groothuis et al.

Jan T. Groothuis, Maria T.E. Hopman, Dick H.J. Thijssen. Response by Sae Young Jae, Kevin S. Heffernan, Miyoung Lee, Bo Fernhall



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UPCOMING MEETINGS AND CONGRESSES

ISPRM World Congresses

- **5th Congress** June, 13 - 17, 2009 Istanbul, Turkey
- **6th Congress** June, 12 - 15, 2011 San Juan, Puerto Rico
- **7th Congress** June 2013 Beijing, China

Congresses on:

- **Stroke** www.internationalstroke.org/s_content.php?id=fb2002-03-04-1020
- **Neurology** www.eurostroke.org/esc_main%20links.htm
- **Neurorehab** www.wfnr.co.uk/docs/events.htm
- **Spine** www.spine.org/calendar/nass_future_events.cfm
- **Brain Injury** www.internationalbrain.org/content.php?pages=congress
- **Osteoporosis** www.iofbonehealth.org/meetings-events.html



= congresses offering reduced registration fees for ISPRM members

2009

Principles and Practice of Clinical Research 2009 - Course will be offered by Scholars in Clinical Science Program and Department of Continuing Education, Harvard Medical School. The course will occur from March 19th to October 25th. For the 2009 edition, CME credits will be provided. – for details please contact Marta Imamura: martaimf@gmail.com

- **60th Annual Meeting**, AAN. 25 April - 2 May. Seattle, USA. Visit <http://am.aan.com>
- **3rd International Conference on Vocational Outcomes in TBI**, 7-9 May, Vancouver, Canada. Visit www.tbicvancouver.com
- **19th EWMA Conference (European Wound Management Association)**, 20 – 22 May, Helsinki, Finland. Visit <http://ewma2009.org>
- **18th European Stroke Conference**, 26-29 May, Stockholm, Sweden. Info follows
- **First World Conference on Medical Rehabilitation in Rural and Developing Regions**, 9-11 June, Istanbul Turkey: , Visit www.rehabforum.org or contact: Andrew J. Haig, andyhaig@umich.edu



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- **World Congress of Gerontology and Geriatrics, IAGG**, 5-9 July, Paris, France. Visit www.gerontologyparis2009.com
- **Midsummer Meeting, International Neuropsych Society**, 29 July – 1 August, Helsinki, Finland. Visit www.the-ins.org
- **6th Satellite Symposium on Neuropsychological Rehabilitation**, 3-4 August, Tallin, Estonia. Visit www.koenigundmueller.de
- **5th Joint Meeting of European Tissue Repair Society and Wound Healing Society**, 25 – 29 August, Limoges, France. Visit www.objectif-congress.com/ETRS
- **1st International Congress on Clinical Neuroepidemiology**, 27-30 August. Visit www.neuro2009.com. Contact: info@neuro2009.com
- **10th Int. Congress EFRR**, 9-12 September, Riga, Latvia. Visit www.EFRR-Riga09.com
- **13th Congress of Euro Federation on Neurological Societies** 12-15 September, Florence, Italy. Visit www.kenes.com/efns2009
- **35th ASIA Annual Meeting**, 22-26 September, Dallas, Texas, USA. Visit www.asia-spinalinjury.org
- **24th Congress of the French Society on PM&R (SOFMER)**, 15-17 October, Lyon, France. Visit www.sofmer.com
- **Eurospine 2009**, 21-24 October, Warsaw, Poland. Visit www.eurospine2009.org
- **48th ISCoS Annual Meeting**, 21-24 October, Florence, Italy. Visit www.iscos2009.com

70th Annual Meeting of the AAPM&R, 22-25 October, Austin, Texas, USA. Visit www.aapmr.org



- **19th World Congress of Neurology**, 24-30 October, Bangkok, Thailand. Visit www.wcn2009bangkok.com
- **24th Annual Meeting of the North American Spine Society**, 10-14 November, San Francisco, USA. Visit www.spine.org
- **12th Asian Federation of Sports Medicine Congress**, 3-6 December, Amritsar, Punjab, India. Visit www.afsm2009.com

2010

- **Eight World Congress on Brain Injury (IBIA)**, 10-14 March, Washington DC, USA. Visit www.internationalbrain.org
- **World Congress of Internal Medicine**, 20-25 March, Melbourne, Australia. Info follows.
- **18th Annual Scientific Meeting of the Australasian Faculty of Rehabilitation Medicine**, 20-25 March, Melbourne, Victoria. Contact: afmr@ramp.edu.au
- **6th World Congress for Neurorehabilitation**, 21-24 March, Vienna, Austria. Contact: traceymole@wfnr.co.uk
- **World Congress on Osteoporosis**, 5-8 May, Venice, Italy. Visit www.iofbonehealth.org

17th European Congress on Physical Medicine & Rehabilitation, 23 - 27 May 2010, Venice, Italy. Contact: alessandro.giustini@ntc.it



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- 7th World Conference, International Society for Gerontotechnology, 27-30 May, Vancouver, Canada. Visit: www.sfu.ca/grc/isg2010

XXIV Congress of the Latin American Medical Association of Rehabilitation – AMLAR 2010. Includes the XII meeting of the Latin-American Society of Paraplegia and the XXV Congress of the Colombian Association of Physical Medicine and Rehabilitation. August 25-28, Hilton Convention Center, Cartagena, Colombia. Contact: Dr. Jorge E Gutierrez jegutier@gmail.com, Visit. <http://amlar2010.org>



- 13th World Congress on Pain, 29 August-3 September, Montreal, Canada. Visit www.iasp-pain.org

8th Mediterranean Congress of Physical and Rehabilitation Medicine, September 29 to October 2, Limassol, Cyprus. Hosting the ISPRM Interim Board of Governors meeting. Contact Congress president: Nicolas Christodoulou. chrisfam@logosnet.cy.net - visit <http://www.medcongress.prm10.org>



- 2nd World Parkinson Congress, 28 September – October 1, Glasgow, Scotland. Visit www.worldpdcongress.org
- 7th World Stroke Congress, 13-16 October, Seoul, Korea. Visit www.kenes.com/stroke2010
- 71st Annual Meeting of the AAPM&R, 3-7 November, Seattle, Washington, USA. Visit www.apmr.org

2011

- 72nd Annual Assembly AAPM&R, 17-20 November, Orlando, Florida, USA. Website: www.aapmr.org

6th ISPRM World Congress, June, 12 - 15, 2011, San Juan, Puerto Rico

2012

- World Congress for Neurorehabilitation, 15 -19 May, Melbourne, Australia. Info follows.
- Spineweek, Third Combined Congress of the Different Spine Societies, May 27- June 1, Rai Amsterdam, The Netherlands. Info congresses@medicongress.com

2013

7th ISPRM World Congress, June 2013, Beijing, China

2015

8th ISPRM World Congress, June 2015, to be voted on in Istanbul June 2009