4th I.S.Mu.L.T. Congress
Italian Society of Muscles, Ligaments & Tendons

Advances in Muscles Ligaments and Tendons
Research and clinical practice

www.ismult.com
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Hotel Sheraton Golf Parco de’ Medici Conference Center Building 1
December 5th – 6th, 2014

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FRIDAY, 5 DECEMBER

8:00  Registration

8.30  Welcome from the Authorities

09.00–10.00  SESSION 1  MAINLECTURES

Neuronal Regulation of Tendon Homeostasis
Measuring outcome in research and clinical practice

10.00–11.40  SESSION 2  ADVANCES IN KNEE INSTABILITY AND REHABILITATION

- Anterior Cruciate Ligament Reconstruction failure
- ACL reconstruction with biomimetic ligaments a valid procedure?
- Anatomic ACL reconstruction
- ACL Transcondilar pin fixation in anatomical reconstruction
- Postero-lateral instability
- Patellar instability and MPFL Reconstruction
- Antero-medial instability
- Sport related ACL outcome (transtibial vs anteromedial tunnel)
- Kaclir Test in Knee instability: what's new?
- Discussion

11.40–12.00  Coffee break

12.00–13.00  SESSION 3  AC JOINT DISLOCATION: AN UNSOLVED DILEMMA?

- Why AC joint is difficult to stabilize: biomechanical assessments?
- Conservative treatment of AC joint dislocation
- All arthroscopic repair for acute AC joint Dislocation
- Open AC joint repair with allograft
- Chonic AC Dislocation three cortical button fixation
- Discussion

13.00–14.30  Lunch

13.30–14.30  WORKSHOP - ADVANCES IN BIOMATERIALS

- Biomimetic scaffolds for soft tissue augmentation: basic teachings
- Chronic ligaments and tendons's tears repair
- Arthroscopic rotator cuff augmentation
- Discussion

AFTERNOON SESSIONS

14.30–15.30  SESSION 4  GIS SPORT SESSION: ADVANCES IN MUSCLE INJURIES TREATMENT

- Update on muscle healing process
- Rehabilitative focus on I.S.Mu.L.T. MuscleGuideline
- Functional evaluation in muscle performance
- Treatment in early 2 phases post injury
- Therapeutic exercises and sport correlation
- Discussion

15.30–16.40  SESSION 5  ADVANCES IN TENDONS TEARS

- Anatomy and Imaging of Achilles Tendon Paratenon
- Hormones & Tendons
- Experimental study on amniotic epithelial mesenchymal stem cell transplantation in natural occurring tendinopathy in horses: ultrasonographic and histological comparison
- Patellar tendon reconstruction with hamstring tendon graft
- Children patellar tendon injury repair
- Discussion

16.40–17.00  Coffee break
SUNDAY, 7 DECEMBER

08.00–09.30  SESSION 1
MAINLECTURES

Chronic non-specific pain: improving outcomes

09.30–10.30  SESSION 2
WORKSHOP

10.30–11.30  SESSION 3
RECONDITIONING TO THE GAME-FIELD

Motor Science Degree
Postural Analysis
Gimnastic prevention exercises
Sport Rieducational tecniques
Metabolic adaptation exercises
Discussion

11.30–12.00  SESSION 4
SPORT MEDICINE: HOW I MANAGE MY TEAM!

How I manage Barcelona
How I manage Bologna
How I manage Napoli
Round Table

12.30–13.40  SESSION 5
ADVANCES IN ANKLE SURGERY

Epideimiology of calcaneus spurs
Ankle arthroscopy
Advanced Imaging of osteochondral talus lesions
Functional Reeducation after Total Ankle Prosthesis
Total ankle arthroplasty
CAI repair with arthroscopic tenodesis
Discussion

13.40–15.00  Lunch
GENERAL INFORMATION

CONGRESS VENUE
SHERATON GOLF PARCO DE’ MEDICI HOTEL & RESORT
CONFERENCE CENTER BUILDING 1
Viale Salvatore Rebecchini, 39, 00148 Roma RM

PROVIDER 2382
CME CREDITS will be available for Physician: rehabilitation medicine specialists,
sports physicians, rheumatologists, orthopedics and traumatology specialists, radiologists
and general practitioner; Physiotherapists.

PARTICIPANTS GUIDELINES
CME online test will be available on www.balestracongressi.com from December 7th
to December 14th. Access credentials will be delivered on-site at check-in, 100% educational
activities attendance is required. Participants can carry out the online test only once
and cannot repeat it.

OFFICIAL LANGUAGE
Italian. Italian/english and viceversa simultaneous translation will be provided.

REGISTRATION FEES
PARTICIPANT:
I.S.Mu.L.T. Member Euro 130,00 Non Member Euro 250,00

RESIDENT IN TRAINING AND STUDENT:
I.S.Mu.L.T. Member Euro 50,00 Non Member Euro 180,00

10% registration fees discount reserved to A.I.F.I., FMSI, SIA and SIMFER Members
Rates are VAT included.

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I.S.Mu.L.T. ANNUAL MEMBERSHIP
ANNUAL FEE (12 months) Euro 50,00

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REGISTRATION TOOL
Registration form must be completed online, it is available on www.balestracongressi.com.
Accepted payment methods available online. To complete online registration, it is mandatory to
send a copy of bank transfer payment receipt by e-mail to: ismult2014@balestracongressi.com
or by fax +39 06 62277364.

WORKSHOP LABOREST
SUPPLEMENTS FOR CARTILAGE AND TENDONS
Pharmacological supplements on Muscle Ligament tendon disabilities

13.30–14.30

SESSION 13
ADVANCES IN HIP ARTHROSCOPY
- Hip arthroscopy: indications, surgical approaches and future perspective
- Arthroscopy of the Femoral head Ligament
- Hendsoscopic approach for hamstring tendons repair
- Endoscopy around Great Trochanter
- Mini-open Procedure for FAI
- Arthroscopy and early osteoarthritis of the hip
- Rehabilitation of the Arthroscopy of the hip
- Conservative Treatment of FAI
- Discussion

15.00–16.45

SESSION 14
ADVANCE IN SHOULDER SURGERY
- Early gleno-humeral arthritis in young people: which approach?
- Acute dislocation and contact sports
- Arthroscopic Latarjet
- Management of postero-superior lesions
- Irreparable rotator cuff lesion. How I manage it
- Arthroscopic latissimusdorsi transfer
- Irreparable tear of sub scapularis tendon: the pectoralis transfer
- Calcific Tendinopathy the active role of radiologist
- Advances in reverse shoulder arthroplasty
- Discussion

16.45–18.45

SESSION 15
I.S.Mu.L.T. GUIDELINES FOR THE MANAGEMENT OF ROTATOR CUFF TEARS

18.45–19.15

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19.15
Closing remarks