



# INTERNATIONAL SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE

THE RESULT OF THE MERGER AND INTEGRATION OF IRMA AND IFPMR

## NEWS & VIEWS – JANUARY 2009

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#### ISPRM World Congresses

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## NEW

### FREE ELECTRONIC ACCESS FOR ISPRM MEMBERS TO THE DISABILITY AND REHABILITATION JOURNALS

Disability & Rehabilitation and Disability & Rehabilitation: Assistive Technology are published by Informa Healthcare USA.

From now on, full online access to these journals can be accessed through the ISPRM member-only area of the ISPRM website.

For more information about either of these journals please contact the Managing Editor, Sally Howells ([sally.howells@informa.com](mailto:sally.howells@informa.com)).

## MARK YOUR AGENDA

### ISPRM BOARD OF GOVERNORS MEETING 2009

We kindly inform that the ISPRM Board of Governors Meeting 2009 will be organized on Saturday, June 13 to the occasion of our ISPRM World Congress in Istanbul.

Exact location and agenda will follow soon.

## MEMBERSHIP RENEWAL

### WE KINDLY ENCOURAGE ALL ISPRM MEMBERS TO RENEW THEIR MEMBERSHIP FOR 2009 THROUGH OUR WEBSITE

**This is mandatory for having free access to the  
electronic versions of the official ISPRM journals**

**Journal of Rehabilitation Medicine  
&  
Disability and Rehabilitation**

ISPRM CENTRAL OFFICE:

WERNER VAN CLEEMPUTTE, EXECUTIVE DIRECTOR [www.isprm.org](http://www.isprm.org)

Address Kloosterstraat 5 - B-9960, Assenede, Belgium - Phone +32 9 344 39 59 - Fax +32 9 344 40 10 - [isprm@medicongress.com](mailto:isprm@medicongress.com)



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### REPORT OF THE ISPRM EDUCATION COMMITTEE, DECEMBER 27TH 2008. PART 1

Marta Imamura MD PhD, Chair

#### 1. World Action Plan on Initial Education in PRM (WAPIE.PRM)

The first immediate action of the educational committee was the creation of the **World Action Plan on Initial Education in PRM (WAPIE.PRM)**. It was presented at the last Board of Governors meeting held in Seoul on June 14<sup>th</sup>, 2007 by Prof. Alain Delarque, President of the Physical and Rehabilitation Medicine Section, EUMS ([www.euro-prm.org](http://www.euro-prm.org)), as part of the report of the education committee. The "World Action Plan for Initial Education" (WAPIE.PRM) is originally an international expansion of the European work plan for initial education in Physical and Rehabilitation Medicine and has three main objectives:

1. to present handicap and the ICF to the medical trainees of all the medical schools during their undergraduate program,
2. to facilitate access to the best level of education in PRM for the PRM trainees during their postgraduate teaching and training programs,
3. to facilitate access to research and research activities to the PRM trainees.

The "World Action Plan for Initial Education in PRM" (WAPIE.PRM) and the role of the Regional and National Societies in its development was presented to the European delegates during the last meeting of the UEMS, PRM Section and Board in Bucharest, September 13-15, 2007 by Prof. Alain Delarque, and at the 68<sup>th</sup> American Academy of Physical Medicine and Rehabilitation in Boston, September 27<sup>th</sup>, 2007. Both follow-up meetings shared similar agenda and continued the discussion started in Seoul. It was presented also at the European Congress of Physical Medicine and Rehabilitation in Brugge, June 2008 and will be presented at the AMLAR 2008, in Punta del Este, Uruguay.

The "World Action Plan for Initial Education" (WAPIE.PRM) has been adopted in Bucharest, September 2007, by the delegates of the European Union of Medical Specialists (UEMS) Physical and Rehabilitation Medicine (PRM) Section and Board. European PRM Section and Board will spread the information to all European trainees. For research, the European PRM Section and Board activities in the field of "WAPIE.PRM" will have, during national and European PRM congresses, sessions dedicated to trainees (either free or with very low fees for trainees) with teaching programs helping trainees for research activities. For example French and Portuguese National PRM congresses will be free for trainees with devoted sessions on research. These national European PRM scientific societies (French, Portuguese) propose free registration to PRM trainees in 2008. Contact representatives from Europe for the ISPRM WAPIE taskforce are: Pr Alain Delarque (France); Pr Jean-Michel Viton (France) and Pr Franco Franchignoni (Italy).

During the meeting in Boston, it was discussed that the first objective should be expanded to a more general presentation of the specialty to the undergraduate students. The proposed objectives of the WAPIE.PRM are as follows:

1. create an undergraduate and postgraduate minimum curricula endorsed by ISPRM that could be used in an international level.
2. facilitate access to the best level of education in PRM for the PRM trainees during their postgraduate teaching and training programs.
3. facilitate access to research and research activities to the PRM trainees.

The Asian Oceania Society of Physical and Rehabilitation Medicine also discussed the educational issues during the 1<sup>st</sup> Asian Oceania Conference of Physical and Rehabilitation Medicine held on May 16-19<sup>th</sup> 2008 in Nanjing, China. The European Society of Physical and Rehabilitation Medicine held a special session on the WAPIE.PRM, in Brugge, Belgium, June, 2008. The Latin American National Societies also addressed the academic issues during their Regional meeting at AMLAR 2008, to be held in Punta Del Este, in Uruguai, October 28<sup>th</sup> and the Residents Meeting on November 30<sup>th</sup>, 2008. The residents from Latin American National Societies presented their residency program. The members of the education committee have encouraged other National and Regional Societies to further discuss the role of their National and Regional Societies in the development of the WAPIE.PRM and update the committee with reports of the discussions held at the National and Regional levels.



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The current activities of the "World Action Plan for Initial Education" (WAPIE.PRM) are:

1. Perform a survey to identify all existing Physical and Rehabilitation Medicine programs offered at medical schools, residency or postgraduate teaching and training programs. The final goal will be to create an undergraduate and postgraduate minimum curricula endorsed by ISPRM that could be used in an international level. Prof. Gutenbrunner will discuss PRM in undergraduate education - basic principles and the Hanover model and The White Book on PRM in Europe - implications for postgraduate training. For 2008, the education committee was charged to produce the minimum curriculum for **acquired brain injury – ABI** and **spinal cord injury - SCI** (part 2 of the report).
2. Facilitate access to the best level of education in PRM for the PRM trainees during their postgraduate teaching and training programs. A very important achievement was the free access to the e-version of the Journal of Rehabilitation Medicine (JRM) to all ISPRM individual members in good standing, which started in January 2008 and will include all previous issues of the Journal. In 2005 the impact factor of the JRM was 1.799, with total cite of 455, immediacy index: 0.169, articles: 59 and cited half-life: 2.8. In 2007, the impact factor was 1.95. The importance of this achievement is that it will encourage more Societies to follow the Italian model which will facilitate the access to the education material at the members-only area of the website. Our goal is to advertise the free access to the e-Journal of Rehabilitation Medicine to all ISPRM affiliated National Societies and encourage the young members of ISPRM to be involved as soon as possible as becoming members of their National Societies. Also, we have been working to involve the scientific chairperson of each National and Regional Society in the advertisement process.  
Prof. Gunnar Grimby, Chief Editor of the "Journal of Rehabilitation Medicine", one of our official journals, has agreed in Seoul to publish a series of educational articles, filling the gap between textbooks and scientific papers, starting in 2008 (see item 6, page 7 below). Dr Stefano Negrini also agreed to publish an educational article for Europa Medicophysica (EMP). These articles can be downloaded free on the website, under the members-only session. Three national European PRM scientific societies will propose free registration to PRM trainees in 2008. The AAPM&R and the AAP already provides its residents members with a lower registration fee. A survey on Education programs, didactic resources and teaching strategies in PR&M was distributed during the academic discussion meeting in Seoul. The education committee has not received any replies until December 28<sup>th</sup>, 2008.

**Clinical Updates on-line Course:** The Education committee has also invited well known speakers to deliver on-line lectures on major topics in Physical and Rehabilitation Medicine: All lectures are recorded and available at the website [www.isprm.org](http://www.isprm.org)

September 23rd 2008, GMT -3, 4:00pm-5pm

**Carpal Tunnel Syndrome and other Focal Neuropathies**

Ralph Buschbacher, MD - Director of the Department of Physical Medicine and Rehabilitation of the Univ. of Indiana, USA

September 30th 2008 GMT -3: 4pm-5pm

**Upper Extremity Rehabilitation Techniques**

Nathan D. Prahlow, MD - Department of Physical Medicine and Rehabilitation, Indiana Univ. School of Medicine, USA.

Five lectures from the upcoming Association of Academic Physiatrists AAP 2009 Annual Meeting to be held in Colorado Springs from February 24 to 28<sup>th</sup> 2009 will be broadcast to all registered residents and available via video streaming at [www.isprm.org](http://www.isprm.org)

3. Facilitate access to research and research activities to the PRM trainees:  
In order to train leaders in clinical research in Physical and Rehabilitation Medicine, the education committee supported an intensive training course on Clinical Trials in 2008. The 2008 intensive Clinical Trials Course was offered by a special program developed by the Scholars in Clinical Science Program from Harvard Medical School and faculty members from Harvard Medical School and Harvard School of Public Health. The course aims to provide the participants with a theoretical understanding of the issues involved in the design, conduct, analysis, interpretation and report of clinical trials. The participants are being trained to develop skills to scrutinize information, to critically analyze and carry out research, and to communicate effectively. Our goal is to train the highest number of physiatrists to perform good quality clinical research, to increase the chances of successful grant applications and publication in high impact peer-reviewed journals and develop large clinical research centers for multicenter trials.



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Other similar clinical research courses are offered in Boston by the Harvard School of Public Health – Clinical Effectiveness program <http://www.hsph.harvard.edu/academics/clinical-effectiveness/overview/> (45 days – average of US\$ 15,000 – clinical effectiveness program or 1-year course (masters in public health in clinical effectiveness: US\$60,000) or by the Scholars in Clinical Science Program from Harvard Medical School (NIH-funded program); and also by the Department of Health Policy, Management and Evaluation at University of Toronto [www.home.utoronto.ca](http://www.home.utoronto.ca) (one year: CND\$14,252.82 to 18,452.82 for international applicants).

The Clinical Trials Course 2008 was offered by teleconference from March 13<sup>th</sup> to October 16<sup>th</sup> 2008, with 24 weekly lectures of two-hour duration followed by a live four-day intensive course which was held in São Paulo, Brazil on October 23<sup>rd</sup> to 26<sup>th</sup> 2008. Thirteen PRM doctors from Brazil, one from Korea and one from USA took the course in 2008. The 2009 edition of the course is entitled **Principles and Practice of Clinical Research 2009** and will be offered by Scholars in Clinical Science Program and Department of Continuing Education, Harvard Medical School. The course will occur from March 19<sup>th</sup> to October 25<sup>th</sup>. For the 2009 edition, CME credits will be provided.

The members-only session of the [www.isprm.org](http://www.isprm.org) website is providing an on-line Journal Club to teach ISPRM members to critically appraise scientific publications on diagnostic testing, cohort studies, randomized controlled trials, systematic reviews, meta-analyses and clinical guidelines focused on evidence based information. The first activities were performed on September 2<sup>nd</sup> and 4<sup>th</sup> and will continue every first Tuesday of the month at GMT -3: 4pm-5:30pm. As by October 7<sup>th</sup>, there are 160 participants from all over the World registered for the Journal Club at [journalclub@fmusp.org.br](mailto:journalclub@fmusp.org.br)

- September 2<sup>nd</sup>, 2008: Lecture "**Don't waste your precious time reading useless articles: tips on how to read the scientific literature**". Andrea D. Furlan, MD PhD. Toronto Rehabilitation Institute, Member of the Editorial Board of the Cochrane Back Review Group. GMT - 3: 16h00 to 17h30
- September 4<sup>th</sup>, 2008: Lecture "**What makes a great paper? Tips to get your research published in high-impact journals**". Caren Solomon, Deputy Editor, New England Journal of Medicine September 4<sup>th</sup> 2008, GMT - 3: 18h30 to 21h00 (lecture from the Clinical Trials Course 2008, by invitation only)
- October 7<sup>th</sup>, 2008: Preyde M. Effectiveness of massage therapy for subacute low-back pain: a randomized controlled trial. CMAJ. 2000 Jun 27;162(13):1815-20. Free download at <http://www.cmaj.ca/cgi/content/full/162/13/1815>. Presented by Daniel Pimentel, MD. Resident, Physical Medicine and Rehabilitation Program, Hospital das Clinicas, University of Sao Paulo School of Medicine.
- November 4<sup>th</sup>, 2008: Slot KB, Berge E, Dorman P, et al. Impact of functional status at six months on long term survival in patients with ischaemic stroke: prospective cohort studies. Free download at: <http://www.bmj.com/cgi/content/full/336/7640/376>. Presented by Dr. Malcom Carvalho Botteon, Resident of Physical Medicine and Rehabilitation at the University of Sao Paulo School of Medicine.
- January 6<sup>th</sup>, 2009: Perez C et al. Validity and reliability of the Spanish version of the DN4 (*Douleur Neuropathique 4 questions*) questionnaire for differential diagnosis of pain syndromes associated to a neuropathic or somatic component. Free download at: <http://www.hqlo.com/content/pdf/1477-7525-5-66.pdf>. To be presented by Dr. Javier Mauricio Moreno, MD, Resident of Physical Medicine and Rehabilitation at the University del Valle, Cali – Colombia.
- Calendar for the Journal Club in 2009: March 3, April 7, May 5, June 2, July 7, August 4, September 1, October 6, November 3, December 1. Published papers in the field of Physical and Rehabilitation Medicine will be presented and critically appraised by specialists and residents and comments will be posted in the ISPRM website. All journal club activities are recorded and available at the website [www.isprm.org](http://www.isprm.org)

In order to promote and facilitate the networking among the PRM residents, the ISPRM Education Committee also created the PRM Residents Network, a forum for continuous discussion and networking. As of December 16<sup>th</sup> 2008, there were already 96 residents registered. Multicenter studies, data collection and poll of different PRM topics are also available.



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### **2. Create a list of ISPRM scientific publications: JRM, Journal of Disability and Rehabilitation, ISPRM website ([www.isprm.org](http://www.isprm.org) , members-only session).**

Is already available at the members-only session of the [www.isprm.org](http://www.isprm.org) website.

### **3. Create a list of training opportunities in physical medicine and rehabilitation endorsed by ISPRM: members**

**will be encouraged to submit information about training programs at their Universities to the Education Committee, which will evaluate them and provide the programs details within the website.**

The European colleagues have already provided a list with 70 training sites recognized by the European PRM-Board. The committee is still working in the other regions: Asia Oceania, Middle East, North America and Latin America. The committee is currently working on the creation of the rules and regulations for a training site to be recognized by ISPRM.

### **4. Keep and update the calendar of scientific meetings around the world.**

Werner will provide the calendar and keep it updated in the website.

### **5. Keep constant communication with the scientific chairpersons of each National Society and major Regional Societies affiliated to ISPRM.**

Three European National Societies and AMLAR as of 2008 will provide a space in the scientific program of their Congresses for a discussion on the academic issues. The Asian Oceania Society of Physical and Rehabilitation Medicine also discussed the educational issues during the 1<sup>st</sup> Asian Oceania Conference of Physical and Rehabilitation Medicine held on May 16-19<sup>th</sup> 2008 in Nanjing, China. The Latin American National Societies also addressed the educational issues at the AMLAR 2008, held in Punta Del Este, Uruguay, on October 28<sup>th</sup>, 2008 at the Panel Discussion Session chaired by Juan Lacuague (Uruguay) Education in Rehabilitation: the WAPIE.PRM; and at the Residents Meeting held on October 30<sup>th</sup>, 2008.

We are also in contact with the scientific chairpersons to help supply us with potential names of speakers and authors of the monographs, perform the survey on education programs in their countries and be the contact person for the research capacity expansion plan. We are requesting that all ISPRM National Societies representatives as well as to the scientific chairpersons to advertise to their trainees about the JRM opportunity so that more young specialists can be involved with ISPRM.

### **6. Provide ISPRM members with four biannual comprehensive monographs on general topics in physical and rehabilitation medicine. Create a standardized format for publication of the monograph.**

Initially this was thought to be the most difficult task, because, as discussed with Prof. Delisa in Seoul, there was no incentive for the authors to devote time and efforts to produce the monographs. During the meeting in Seoul, however, Prof. Gunnar Grimby, Chief Editor of the "Journal of Rehabilitation Medicine" has agreed to publish early an educational article, filling the gap between textbooks (sometimes not update information) and scientific papers (too specific). The first one will be published in 2009. This opportunity was created by Prof. Alain Delarque, current President of the Physical and Rehabilitation Medicine Section (EUMS). The idea is to provide the benefit of a publication in our official journal as the result of writing the monographs to ISPRM. For the ISPRM members those publications will contribute to provide the best level of education in the various major topics of our specialty and make them widely available (one of the means to achieve goal 2 of the WAPIE.PRM). The main goal of the monographs, as stated above is to produce an educational and scientific material that will fill the gap between the textbooks and the scientific papers. We named the monographs as Clinical Updates in Physical and Rehabilitation Medicine. The education committee has received eight monographs on Clinical Updates in Physical and Rehabilitation Medicine by October 15<sup>th</sup> 2007, and another monograph in January 2008. One of the eight monographs was already selected by the editorial board of the JRM and will be published on the 2009 January issue as an ISPRM Education Review. All other monographs were then submitted to the Publication Committee for evaluation and peer-review for the publication in the website. Six were selected and will be available at the website. These publications will contribute to provide the best level of education in the various major topics of our specialty. The next step will be to gather all clinical updates of a specific major topic as an ISPRM education and scientific committee publication, with a main editor for each major topic as an Updated Review and offer it free of charge to our members.

The ISPRM Education Committee will follow the suggested criteria for the submission of the ISPRM Educational Reviews to be submitted to the JRM:



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Rules and Regulations for Publication of ISPRM Educational Reviews in JRM

By Grunner Grimby, Editor in Chief JRM:

“The Journal of Rehabilitation Medicine is prepared to print one Educational review submitted from ISPRM each year. The manuscripts will be sent for peer review and decision on publication is made by the Editor after appropriate revision. ISPRM can send more than one manuscript for consideration and discussion with the Editor, as the choice of the manuscript to be printed also will be made so that different topics will be covered. The length of the manuscript should not correspond to more than 9 printed pages, including reference list (which may be rather long if appropriate), tables and figures. There will be no page charge. The authors may keep the copyright if they want and sign a License to Publish with JRM. “Authors are also requested to submit six multiple choice questions with five alternatives, only one being the correct one. The Editors of JRM will also peer-review the multiple choice questions.

For the JRM, authors should follow the instruction for publication of review papers at <http://www.medicaljournals.se/jrm>. The publication (under the leadership of Walter Frontera) and the website committee (under the leadership of Nachum Soroker) were asked to provide the education committee with the rules, regulations and format for the publication of the monographs in the website.

### 7. Plan and develop the members-only area within the world wide website.

**The education committee will provide ideas for the scientific content and assist in adding or deleting linkages to the homepage. International representation within this task will help ensure global interest and will be the most important tool for education dissemination.**

1. Members-only area of the website was professionally create in 2005 and offered ISPRM members in good standing with: News: articles, publications and papers of general interest, with the photo ID, summary of the paper and in some cases the pdf of the paper. When it is not allowed (due to copyright problems with the journal) we added the link to the Journal.
2. A list of all the PRM scientific upcoming events with the link to the website of the event
3. Congress:
  - a) a gallery photo with all the photos of the 2005 Congress to be downloaded for free
  - b) Database with the pdfs of the powerpoint of the lectures presented at the 3<sup>rd</sup> World Congress, which were donated by the lecturer to ISPRM for free. Members can download the pdf of the lectures for free
  - c) pdfs of the powerpoints of the workshops presented at the 2005 World Congress, also a kind donation of the lecturers
  - d) pdfs of the lectures presented at National Society Congress sponsored by ISPRM.
  - e) Book of abstracts of all the previous World Congresses (obs: because the amount of data is very heavy, we used to update the lectures every three months, so that members could access the website many times to download the files, it changed dynamically).
  - f) powerpoint slides from lectures delivered at the 4<sup>th</sup> World Congress of the ISPRM and National Congresses held in 2007.
4. Evidence based rehabilitation: it brings the updated summary and conclusions of over 100 systematic reviews from the Cochrane Collaboration database in the main topics of rehabilitation medicine; over ten other sources of information on Evidence Based Medicine, including a word and a pdf free version of the Consort statement and flow-chart for randomized controlled trials and of the TRENT statement for non-randomized controlled trials; access to more than 20 journals related to our field; access to some databases of scientific articles, including Pubmed, Embase and Lilacs. Our goal is to offer ISPRM members in good standing with the most updated scientific and educational information in the field of Physical and Rehabilitation Medicine.

### 8. Maintain a close and integrative cooperative work with the education exchange committee chaired by Mark Young.

A common area under “Education” was developed in the website. The education exchange committee has contacted members from Russia who already affiliated to ISPRM and is looking forward exchange programs to enhance the Rehabilitation Medicine capacity in Russia.

### 9. Evaluate the concept and necessary criteria for the development of special interest groups of different topics in Physical and Rehabilitation Medicine. (Part 2 of the report)

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ISPRM CENTRAL OFFICE: WERNER VAN CLEEMPUTTE, EXECUTIVE DIRECTOR [www.isprm.org](http://www.isprm.org)

Address Kloosterstraat 5 - B-9960, Assenede, Belgium - Phone +32 9 344 39 59 - Fax +32 9 344 40 10 - [isprm@medicongress.com](mailto:isprm@medicongress.com)



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### 8TH INTERNATIONAL SYMPOSIUM ON OSTEOPOROSIS (ISO8)

By Ian Priest

The National Osteoporosis Foundation is pleased to announce the 8th International Symposium on Osteoporosis (ISO8) to be held April 1-5, 2009 in Washington DC. ISO8 is a forum for the exchange of current findings in osteoporosis and bone health. Information is communicated and disseminated through lectures, meet-the-professor sessions, clinical case studies and scientific poster presentations. The meeting attracts attendees from all over the world and provides educational and networking opportunities for healthcare professionals with an interest in osteoporosis and bone health across the lifespan, including those working in family practice, endocrinology, rheumatology, obstetrics/gynecology, radiology, physical and occupational therapy and research. These include: physicians, nurses, nurse practitioners, physician assistants, dietitians, radiology technicians, physical and occupational therapists and pharmacists. Meeting Highlights The ISO8 program has been developed around five themes. • Primary and secondary osteoporosis. Sessions on secondary causes of bone loss; medication, disease and bone loss; disease and therapy-induced bone loss; osteoporosis in men; and early premenopausal women and bone • Clinical considerations and therapeutics. Sessions on low peak bone mass; fundamentals and pitfalls of DXA interpreting; kyphoplasty and vertebroplasty; the role of NPs and PAs in prevention and identification of osteoporosis; and FDA-approved therapies • Socio-behavioral medicine, nutrition, education. Sessions on the role of exercise in maintaining strong bones; patient and professional education; and non-pharmacological issues in osteoporosis management • Epidemiology, pathophysiology, genetics. Sessions on skeletal development; premenopausal women and osteoporosis; and the genetics and pathogenesis of metabolic bone disease • Emerging science. Sessions on new concepts in the physiology of skeletal health; nutrition and osteoporosis; and emerging therapies and diagnostic techniques

Contact: [ian@nof.org](mailto:ian@nof.org)



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### SELECTION OF THE VENUE FOR THE 2015 ISPRM WORLD CONGRESS.

**Werner Van Cleemputte, ISPRM Executive Director**

One of the points on our agenda in the upcoming ISPRM Board of Governors Meeting on Saturday 13 June 2009 to the occasion of our ISPRM World Congress in Istanbul will be the selection for the venue of our 2015 ISPRM World Congress. We herewith officially announce the call for application to hold the 2015 ISPRM World Congress and invite all national societies in good standing to review the document below in order to make a possible bid for hosting the Congress. We wish all applicants a lot of success and if you should have any further questions, feel free to contact me at [Werner@medicongress.com](mailto:Werner@medicongress.com)

## Requirements for application to hold the ISPRM World Congress

### 1) GENERAL

- 1.1 The ISPRM World Congress will be held every 2 years.  
The 2001 Congress took place in Amsterdam, 2003 was Prague, 2005 was São Paulo and 2007 was Seoul, The 2009 Congress will take place in Istanbul, Turkey, Puerto Rico in 2011 and Beijing in 2013  
The venue for the 2015 ISPRM World Congress is now open for application.
- 1.2 Application to hold the ISPRM World Congress shall be made by any active member national society or any individual active member, if fully sponsored by a national society, to the Secretary of the ISPRM.  
The application must be made with a minimum of 6 years prior to the projected date.
- 1.3 The National Society applying to host the ISPRM World Congress must have fulfilled its membership dues in full during the last **two** years before the application and remain in good standing until the congress takes place.  
"
- 1.4 The Local Organising Committee (LOC) will present a report about the congress on the occasion of the ISPRM Annual Meeting of the Board of Governors and will also forward updates on the congress situation following any request made by the President or the Central Office
- 1.5 The general lay-out of the Congress should preferably be equal for each ISPRM Congress. The basic framework of the Amsterdam and Prague Congresses can be followed or changed according to local conditions:  
Saturday and/or Sunday: business meetings, courses and late afternoon Official Opening of the Congress  
Monday to Thursday: Congress days  
Exhibition: Monday till Thursday with lunch and evening time slot for satellite symposiums and workshops by industry not in competition with the official congress programme
- 1.6 The National Society should make a contract with a local PCO (Professional Congress Organiser) in order to arrange the organisation of the congress. This contract must be approved by the ISPRM before it is signed.

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**ISPRM CENTRAL OFFICE: WERNER VAN CLEEMPUTTE, EXECUTIVE DIRECTOR [www.isprm.org](http://www.isprm.org)**

Address Kloosterstraat 5 - B-9960, Assenede, Belgium - Phone +32 9 344 39 59 - Fax +32 9 344 40 10 - [isprm@medicongress.com](mailto:isprm@medicongress.com)



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### 2) ISPRM Scientific Structure of the Congress

#### 2.1. Presidents and chairs

It is suggested that in addition to the **ISPRM president** and the **president of the congress** there will be a **chair of the scientific committee** and an **abstract chair** as well as a **chair of the organising committee**.

Within the organising committee, a number of chair persons for different committees (congress committee chairs) ranging from finances to exhibition, fundraising, public relations, publication, registration, social affairs, tour, transportation, etc can be defined by the chair of the organising committee.

#### 2.2. Scientific committee and advisory boards:

It is conceivable that a reasonable size for a scientific committee will include between 10 and 30 members. It is also conceivable that the number of scientific committee members from the organising country should ideally not exceed 30%.

It is suggested that the local organisers will identify the names from the organising country and nominate a number of international scientists. Additional suggestions for scientific committee members may be made by the congress committee or the members of the president's cabinet.

Ultimately, it is envisioned that the president's cabinet will make the final decision regarding the selection of the scientific committee members and will officially appoint all scientific committee members both from the organising country and from the group of international scientists.

With regard to the duration of the appointment, it is suggested that the members of the scientific committee will be appointed for 1 or 2 congress periods. This will ensure on the one hand continuity and on the other hand dynamic. With few exceptions, the members of the local organising country would be appointed for one period.

It is envisioned that the scientific committee for the next congress meets the first time at the actual congress that is 2 years before the congress. A second meeting would hold place during the intermediate years meeting. Nominated candidates for the scientific committee would need to make a commitment regarding their presence at these meetings.

#### 2.3. Advisory boards

It is suggested that there will be two advisory boards, one from the organising country and an international advisory board.

The national advisory board would be identified by the president of the congress in collaboration with the chair person of the organising committee and the presidents of the organising societies.

The members of the international advisory board would for example include all current and past holders of positions in the ISPRM executive committee, all members of the honorary presidents and additional members appointed by the president's cabinet upon suggestion by the local organisers or members of the board of governors.

### 3. SOCIAL ACTIVITIES

3.1 A Welcome Reception should be organised in the congress centre immediately after the Opening Ceremony on Sunday. This reception will take place in the Congress Centre and must be open for all registered participants and registered partners (included in the fee) and representatives of all sponsoring companies.



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- 3.2 Reception, to be organised preferably on Tuesday evening in a historic or municipal location in the city. This reception is also included in the registration fee.
- 3.3 The Official Banquet of the Congress should preferably be organised in an adequate venue. Registration for the banquet is usually NOT included in the registration fee of the congress. A limited number of guests for the Banquet can be determined in collaboration with the ISPRM President and its office.

### 4) CEREMONIES

- 4.1 An Opening Ceremony is to be organised on the Sunday evening starting at approx. 17 or 18.00 hrs. This official opening of the congress includes (short) speeches of the President of the LOC, President of the National Society, ISPRM President, Invited Presidential lecturer, Local Politicians, Royalty etc. It is advised that speeches are mixed with classical or local music and culture. Integration of societies of disabled persons for these activities should be encouraged.
- 4.2 The Closing Ceremony will probably have less participants as the Opening Ceremony and will make a short description of the congress (number of participants, lectures) and introduce the new congress and its President.
- 4.3 The LOC agrees to hold a meeting with the organisers of the next ISPRM Congress in order to provide in a smooth transition of all experiences between the ISPRM congresses.

### 5) FINANCES

- 5.1 All moneys collected by the LOC for the purpose of the ISPRM Congress together with the registration fees paid in respect of this congress and any subsidy paid by the ISPRM shall be applied by the LOC for the purpose of the international congress and the accounts thereof submitted to the Executive Committee and Board of Governors for final approval.
- 5.2 Any final positive balance from an international congress shall be distributed as follows: 70% for the national organizing committee and/or national society and 30% for the ISPRM, unless alternative arrangements because of special circumstances are made with the approval of the Executive Committee. Negative balances from international congresses shall not be the responsibility of the ISPRM. A minimum amount of 30.000 Euro will be distributed to the ISPRM (also in case the congress should have less profit or even a loss).
- 5.2 A contract will be drawn up between ISPRM and the National Society. This contract should be signed not less than 4 years before the congress by the President, Treasurer and Executive Director of ISPRM on the one hand and by the Chairman of the LOC and the President of the local hosting National Society on the other hand.
- 5.3 The (LOC) shall be responsible to the Executive Committee and the Board of Governors for all the arrangements of the ISPRM Congress as well as for the provision of facilities for the meetings of the President's Cabinet, Executive Committee, Board of Governors and any ISPRM Committees. The LOC shall refer by way of the Secretary of the ISPRM and the Executive Director to the Executive Committee for advice and guidance.
- 5.4 Members of the Presidents Cabinet (approx 10 pax) and the Executive Director should have a free registration in the congress and the Official Banquet and will also be reimbursed for travel costs and hotel stay. If the congress budget permits, members of the Board of Governors of ISPRM should receive a free registration in the congress and the Official Banquet of the Congress.



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- 5.5 Congress Fees: The congress fee should be in relation to the fees charged for the previous ISPRM Congresses and in relation to the fees that are applicable for similar congresses in the region where the congress takes place. Reduced fees for students and trainees are to be provided. Funds are to be collected in order to offer free registrations to participants from third world countries and developing countries.
- 5.6 Costs for ISPRM-related activities by the Executive Director for the congress are to be borne by the congress budget.
- 5.7 Reduced Fees and ISPRM membership: Each non ISPRM Member registering for the congress will be charged a congress registration fee including a two year ISPRM membership (value 50 Euro in 2008). This will be charged automatically included in the registration fee. Will be checked by the Central Office.

## 6 VOTING PROCEDURE & VENUE SELECTION

- 6.1 Voting rights: All members of the Board of Governors have voting rights if they are in good standing. At this moment approx 100 persons do have voting rights (see [www.isprm.org](http://www.isprm.org))
- 6.2 The city that will be selected needs to obtain the majority of the votes (51%). This may possibly only be obtained after different voting rounds. The city with the least votes in each round is being dropped. Voting will be secret and will be organised by the Executive Director and the ISPRM Secretary. The winning city/country will immediately be announced after the voting.
- 6.3 The selected city will be visited by at least one member of the Board and/or the Executive Director in order to check if the city, hotels and congress location meets the ISPRM requirements and if they are fully accessible for disabled persons. All costs related to this visit (flight, stay and remuneration of the Executive Director for the days he spends) are to be borne by the LOC.
- 6.4 The selection of the city is only final after a positive advice from the visiting committee. If not appropriate the organisation of the congress will be assigned to the country voted in second position (if positively evaluated after the site inspection).

## 7 PRESENTATION

- 7.1 The presentation of the city in the meeting of the Board of Governors will take approximately 10 minutes and another 5 minutes is provided for questions and answers. The presentation is to be made by a member of the National Society. The local congress office or tourist board is allowed to be present for the presentation and questions. However they can only be present in the room during the presentation of its own city.
- 7.2 The winning destination should immediately officially name the chairman of the Local Organising Committee (LOC) as the further contact person for the congress. This decision is to be made by the National Society.
- 7.3 The winning destination (pending final approval after the inspection tour takes place) will be announced in the Official Banquet and a short presentation by the LOC can be allowed.



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### 8 HOW TO PROCEED

- 8.1 An official letter or email should be sent to the ISPRM Central Office officially announcing the interest in bidding for the ISPRM World Congress. This letter or email should reach the Central Office 3 months prior to the date of selection. For the 2015 ISPRM World Congress, this means that the letter should be received by **March 13, 2009 at the latest**.
- 8.2 In order to support their candidature, cities are required to submit a bid book containing information about the airport, local transport, city, congress halls and exhibition area, hotels, social venues, VAT and tax regulations, visa requirements (free access to all nationalities), other congresses that took place in the city and all other points of interest for the Congress. This bid book must also contain a first budget including the **confirmed** costs of the congress venue and the **confirmed rates hotels will charge** for the period of the congress. This bid book needs to be sent in 2 copies to the ISPRM Central Office one month prior to the date of selection. This means that the bid book should be received by **May 15, 2009 at the latest**.
- 8.2 The bid book should also be sent electronically to the Central Office. This for publication on the ISPRM website so that Members of the Board can have access to it at least **3 weeks** before the day the election meeting takes place.
- 8.3 Two printed copies are to be mailed to the ISPRM Central Office.

### 9 MANDATORY

Please focus in the bid book and the presentation on accessibility for disabled people in all venues that are selected for the congress.

#### NEWS & VIEWS EDITORIAL BOARD 2008-2010

**Publications Committee:** Walter Frontera, (chair)

**Editors:** Nicolas Christodoulou (chair), Leonard Li, Jorge Lains, Jianan Li

**Please feel free to submit articles for the News & Views and to take part in our Editorial Board.**



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### JOURNAL OF REHABILITATION MEDICINE

*(one of the two official journals of the ISPRM)*

*Issue 1, January 2009 (Volume 41)*

*Articles are accessible for ISPRM individual members (in good standing)*

- **Use of the International Classification of Functioning, Disability and health: A literature survey**  
*Jennifer Jelsma*
- **European consensus table on the use of botulinum toxin type A in adult spasticity**  
*Jörg Wissel, Anthony B. Ward, Per Erztgaard, Djamel Bensmail, Martin J. Hecht, Thierry M. Lejeune, Peter Schneider*
- **Prevalence and risk factors for upper extremity entrapment neuropathies in polio survivors**  
*Hung-Chih Tsai, Tai-Ho Hung, Chien-Cheng Chen, Fu-Kong Lieu, Hsin Cho, Tao-Hsin Tung, Szu-Fu Chen*
- **The hypothesis of overwork weakness in Charcot-Marie-Tooth: A critical evaluation**  
*Madlenka van Pomeran, Ruud W. Selles, Berbke T.J. van Ginneken, Ton A.R. Schreuders, Wim G.M. Janssen, Henk J. Stam*
- **Relationship between neurogenic bowel dysfunction and health-related quality of life in persons with spinal cord injury**  
*Chin-Wei Liu, Chun-Chiang Huang, Yi-Hsin Yang, Shih-Ching Chen, Ming-Cheng Weng, Mao-Hsiung Huang*
- **Efficacy of functional magnetic stimulation in neurogenic bowel dysfunction after spinal cord injury**  
*Po-Yi Tsai, Chih-Pin Wang, Fang-Yao Chiu, Yu-An Tsai, Yue-Cune Chang, Tien-Yow Chuang*
- **Quality of life among Swedish patients after stroke: Psychometric evaluation of SF-36**  
*Ann-Helene Almborg, Stig Berg*
- **Main outcomes of stroke rehabilitation: A multi-centre study in Thailand**  
*Vilai Kuptmiratsaikul, Apichana Kovindha, Piyapat Dajpratham, Krisna Piravej*
- **Is there equity in long-term healthcare utilization after traumatic brain injury?**  
*Agnes H.P. Willemsse-van Son, Gerard M. Ribbers, Henk J. Stam, Geertrudis A.M. van den Bos*
- **A comparison of two multidisciplinary inpatient rehabilitation programmes for fibromyalgia: A register linkage study on work disability**  
*Heikki Suoyrjö, Tuula Oksanen, Katariina Hinkka, Jaana Pentti, Mika Kivimäki, Timo Klaukka, Jussi Vahtera*
- **Effect of thermal water and adjunctive electrotherapy on chronic low back pain: A double-blind, randomized, follow-up study**  
*Ágota Kulisch, Tamás Bender, András Németh, László Szekeres*
- **Effect of stretching on hamstring muscle compliance**  
*Jari Ylinen, Tuomas Kankainen, Hannu Kautiainen, Asghar Rezasoltani, Tiina Kuukkanen, Arja Häkkinen*
- **Outcome of physiotherapy as part of a multidisciplinary rehabilitation in an unselected polio population with one-year follow-up: An uncontrolled study**  
*Merete Bertelsen, Susse Broberg, Ellen Madsen*
- **Spinal decompression sickness presenting as partial brown-sequard syndrome and treated with robotic-assisted body-weight support treadmill training**  
*Elior Moreh, Zeev Meiner, Martin Neeb, Nurith Hiller, Isabella Schwartz*
- **Retraction of an intrathecal baclofen infusion catheter following suprapubic cystostomy: A case report**  
*Frank M.J. Martens, Diedrik M. Somford, Dirk H.J.M. van Kuppevelt, Monica J.M. van der Burg, John P.F.A. Heesakkers*
- **Feasibility of a home constraint-induced movement therapy for hand weakness after stroke**  
*Julie A. Williams, Kirsten Colton, Felipe Fregni, Alvaro Pascual-Leone, Michael P. Alexander*



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### UPCOMING MEETINGS AND CONGRESSES

#### ISPRM World Congresses

- **5<sup>th</sup> Congress**    **June, 13 - 17, 2009**    **Istanbul, Turkey**
- **6<sup>th</sup> Congress**    **June, 12 - 15, 2011**    **San Juan, Puerto Rico**
- **7<sup>th</sup> Congress**    **June 2013**                    **Beijing, China**

#### Congresses on:

- **Stroke**                    [www.internationalstroke.org/s\\_content.php?id=fb2002-03-04-1020](http://www.internationalstroke.org/s_content.php?id=fb2002-03-04-1020)
- **Neurology**              [www.eurostroke.org/esc\\_main%20links.htm](http://www.eurostroke.org/esc_main%20links.htm)
- **Neurorehab**             [www.wfnr.co.uk/docs/events.htm](http://www.wfnr.co.uk/docs/events.htm)
- **Spine**                    [www.spine.org/calendar/nass\\_future\\_events.cfm](http://www.spine.org/calendar/nass_future_events.cfm)
- **Brain Injury**            [www.internationalbrain.org/content.php?pages=congress](http://www.internationalbrain.org/content.php?pages=congress)
- **Osteoporosis**          [www.iofbonehealth.org/meetings-events.html](http://www.iofbonehealth.org/meetings-events.html)

#### 2009

- **International Neurorehabilitation Symposium (INRS)** at the University of Zurich, 12 – 14 February, Contact [jeannette.beer@hocoma.com](mailto:jeannette.beer@hocoma.com)
- **International Stroke Conference**, 18-20 February, Sand Diego, USA. Visit [www.strokeconference.americanheart.org](http://www.strokeconference.americanheart.org)
- **3rd International Cerebral Palsy Conference**. 18-21 February, Sydney, Australia. Website: [www.cp2009.com.au](http://www.cp2009.com.au)
- **20<sup>th</sup> Anniversary of the International Center of Neurological Restoration (CIREN)**, 9-13 March, Palacio de las Convenciones, La Habana, Cuba. Contact [rn2009@neuro.ciren.cu](mailto:rn2009@neuro.ciren.cu). Visit [www.ciren.ws](http://www.ciren.ws)
- **9<sup>th</sup> Int. Conference on Alzheimer and Parkinsons Disease**, 11-15 March, Prague, Czech Rep. Visit [www.kenes.com/adpd](http://www.kenes.com/adpd)
- **The First International Conference on Culture, Ethnicity, and Brain Injury Rehabilitation**, 12 - 13 March, Washington, D.C. area, U.S.A., Marriott Crystal City,. Contact: [jcarangolasp@vcu.edu](mailto:jcarangolasp@vcu.edu)
- **Portuguese PRM Society Anual Congress (Sociedade Portuguesa de Medicina Física e de Reabilitação)** - 12-14 March, Hotel Montebelo - Viseu, Portugal. Contact [spmfr@spmfr.org](mailto:spmfr@spmfr.org)
- **First World Congress on Spina Bifida Research and Care Location:** Walt Disney World Swan and Dolphin Resort Orlando, Florida Date: 15-18 March. Info: [raustin@sbaa.org](mailto:raustin@sbaa.org)
- **9<sup>th</sup> European Congress on Clinical and Economic Aspects of Osteoporosis and Osteoarthritis**, 18-21 March, Athens, Greece, visit [www.ececo9.org](http://www.ececo9.org)

**Principles and Practice of Clinical Research 2009** - Course will be offered by Scholars in Clinical Science Program and Department of Continuing Education, Harvard Medical School. The course will occur from March 19<sup>th</sup> to October 25<sup>th</sup>. For the 2009 edition, CME credits will be provided. – for details please contact Marta Imamura: [martaimf@gmail.com](mailto:martaimf@gmail.com)

**ISPRM CENTRAL OFFICE:**    **WERNER VAN CLEEMPUTTE, EXECUTIVE DIRECTOR** [www.isprm.org](http://www.isprm.org)

Address Kloosterstraat 5 - B-9960, Assenede, Belgium - Phone +32 9 344 39 59 - Fax +32 9 344 40 10 - [isprm@medicongress.com](mailto:isprm@medicongress.com)



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- **8th International Symposium on Osteoporosis (ISO8)**, April 1-5, Washington DC, USA - Contact Ian Priest: [ian@nof.org](mailto:ian@nof.org)
- **The Australian Pain Society 29th Annual Scientific Meeting**, 5-8 April, Sydney Convention and Exhibition Centre. Email: [aps@dcconferences.com.au](mailto:aps@dcconferences.com.au) Website: [www.apsoc.org.au](http://www.apsoc.org.au)
- **Rehabilitation 2009 – 5th Congreso of the Sociedad Cubana de Medicina Fisica y Rehabilitación**, 6-10 April. Havana, Cuba - Contact: [ventas10@avc.cyt.cu](mailto:ventas10@avc.cyt.cu)
- **43<sup>rd</sup> Comprehensive Review Course in Physical Medicine and Rehabilitation** (81.75 CME credits) of Baylor College of Medicine / The University of Texas Medical School at Houston PM&R Alliance, April 18 – 26, 2009, Crowne Plaza River Oaks Hotel, Houston, Texas. Info: [PMandR@bcm.edu](mailto:PMandR@bcm.edu).
- **The 21<sup>st</sup> Annual PM&R Review Course** at Kessler Medical Rehabilitation Research and Education Center, 23 April- 1<sup>st</sup> May, Info: [gdeiorio@kesslerfoundation.net](mailto:gdeiorio@kesslerfoundation.net)
- **3<sup>rd</sup> Int Conference on Vocational Outcomes in TBI**, 7-9 May, Vancouver, Canada. Visit [www.tbicvancouver.com](http://www.tbicvancouver.com)
- **19th EWMA Conference (European Wound Management Association)**, 20 – 22 May, Helsinki, Finland. Info follows
- **18<sup>th</sup> European Stroke Conference**, 26-29 May, Stockholm, Sweden. Info follows



- **World Congress of Gerontology and Geriatrics, IAGG**, 5-9 July, Paris, France. Visit [www.gerontologyparis2009.com](http://www.gerontologyparis2009.com)
- **1<sup>st</sup> Int Congress on Clinical Neuroepidemiology**, 27-30 August. Visit [www.neuro2009.com](http://www.neuro2009.com)
- **10<sup>th</sup> Int. Congress EFRR**, 9-12 September, Riga, Latvia. Visit [www.EFRR-Riga09.com](http://www.EFRR-Riga09.com)
- **35<sup>th</sup> ASIA Annual Meeting**, 22-26 September, Dallas, Texas, USA. Visit [www.asia-spinalinjury.org](http://www.asia-spinalinjury.org)
- **Europ sine 2009**, 21-24 October, Warsaw, Poland. Visit [www.medicongress.com](http://www.medicongress.com). Contact: [Werner@medicongress.com](mailto:Werner@medicongress.com)
- **48<sup>th</sup> ISCoS Annual Meeting**, 21-24 October, Florence, Italy. Visit [www.iscos2009.com](http://www.iscos2009.com)
- **70<sup>th</sup> Annual Meeting of the AAPM&R**, 22-25 October, Austin, Texas, USA. Visit [www.aapmr.org](http://www.aapmr.org)
- **19<sup>th</sup> World Congress of Neurology**, 24-30 October, Bangkok, Thailand. Visit [www.wcn2009bangkok.com](http://www.wcn2009bangkok.com)
- **24<sup>th</sup> Annual Meeting of the North American Spine Society**, 10-14 November, San Francisco, USA. Visit [www.spine.org](http://www.spine.org)
- **12th Asian Federation of Sports Medicine Congress**, 3-6 December, Amritsar, Punjab, India. Visit [www.afsm2009.com](http://www.afsm2009.com)

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### 2010

- **World Congress on Osteoporosis**, 5-8 May, Venice, Italy, visit [www.iofbonehealth.org](http://www.iofbonehealth.org)
- **7th World Conference of the International Society for Gerontechnology**, May 27-30, 2010, Vancouver, Canada. Contact: E-mail: [isg2010@sfu.ca](mailto:isg2010@sfu.ca) – Website: [www.sfu.ca/grc/isg2010](http://www.sfu.ca/grc/isg2010)

**17<sup>th</sup> European Congress on Physical Medicine & Rehabilitation, 23 - 27 May 2010, Venice, Italy. Contact: [alessandro.giustini@ntc.it](mailto:alessandro.giustini@ntc.it)**



**XXIV Congress of the Latin American Medical Association of Rehabilitation – AMLAR 2010. Includes the XII meeting of the Latin-American Society of Paraplegia and the XXV Congress of the Colombian Association of Physical Medicine and Rehabilitation. August 25-28, Hilton Convention Center, Cartagena, Colombia. Contact: Dr. Jorge E Gutierrez [jegutier@gmail.com](mailto:jegutier@gmail.com), Visit. <http://amlar2010.org>**



**8th Mediterranean Congress of Physical and Rehabilitation Medicine, September 29 to October 02, Limassol, Cyprus. Hosting the ISPRM Interim Board of Governors meeting. Contact Congress president: Nicolas Christodoulou. [chrisfam@logosnet.cy.net](mailto:chrisfam@logosnet.cy.net)**



- **13<sup>th</sup> World Congress on Pain, 29 August-3 September**, Montreal, Canada. Visit [www.iasp-pain.org](http://www.iasp-pain.org)
- **World Stroke Congress**, 13-16 October, Seoul, Korea. Visit [www.kenes.com/stroke2010](http://www.kenes.com/stroke2010)
- **71<sup>st</sup> Annual Meeting of the AAPM&R**, Seattle, Washington, USA. Visit [www.apmr.org](http://www.apmr.org)

- **6<sup>th</sup> ISPRM World Congress, June, 12 - 15, 2011, San Juan, Puerto Rico**
- **7<sup>th</sup> ISPRM World Congress, June 2013, Beijing, China**